



Winnetka
Community
House

2018 Winter/Spring Programs & Classes

REGISTRATION OPENS

NOVEMBER 19 FOR MEMBERS

NOVEMBER 26 FOR NON - MEMBERS

winnetkacommunityhouse.org



Winnetka
Community
House

**We're not like those
other Gyms!**

**ENROLL FOR
\$0!***

*MEMBERSHIP DUES WILL APPLY

**Shop local and support your
local Fitness Centre!**

**WINNETKACOMMUNITYHOUSE.ORG/FITNESS
620 LINCOLN AVE
WINNETKA IL 60093
847 446-0537**

About the Community House

CONTACT US

Main Office (847) 446-0537

FRONT DESK HOURS

Monday-Saturday 8:30 AM–7:00 PM
Sunday 9:00 AM–5:00 PM

CONNECT WITH US




 Instagram: WinnetkaCommunityHouse
 Facebook.com: WinnetkaCommunityHouse
 Twitter: @wchnews

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REGISTRATION

Member Registration - November 19, 2018
Non-Member Registration - November 26, 2018

MISSION STATEMENT

The mission of Winnetka Community House is to enrich the lives of North Shore residents, their families and friends by providing diverse educational, cultural, social and recreational opportunities for people of all ages. This privately supported unique facility does not receive tax dollars.

ACCESSIBILITY FOR PERSONS WITH DISABILITIES

For persons with disabilities, Winnetka Community House is accessible from the northeast at the canopied entrance off the Pine Street parking lot or through the south entrances.

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Winnetka Community House Board Of Governors

OFFICERS

Murray Ancell – Chair
Amy Brock – Vice Chair
Betsy Landes – Secretary
Mark Wetzel – Treasurer

MEMBERS

Raheela Anwar
Elaine Bovaird
Susan Cellmer
Paula Danoff
Libby Elliot
Brad Gillum

Alexandrea Gjertsen
Leslie Farmer
Duncan Healy
Karen Hunt
Tom Maentz
Ann Smith
Tom Smith

Bob Stracks
Carla Vorhees
Karen Vorwald
Connie Yonan

WINNETKA COMMUNITY HOUSE STAFF

Bob Thomas, President and CEO
Kate Brower, Manager of Finance
Mike Buscher, Director of Operations
Patrice Eason, Office Manager
Carol Callahan, Director of Advancement
Nancy Forster, Advancement Associate

Lisa Jarvis, Fitness Supervisor
Mike Landers, Maintenance Manager
Patti Ruiz, Program Manager
Brian Schiller, Marketing Manager
Mark Schusteff, Facility Operations Manager
Jeff Wahl, Program Manager
Kelsey Wright, Administrative Manager

Become a
WINNETKA
COMMUNITY
HOUSE

Member!

YOUR MEMBERSHIP SUPPORTS OUR "HOUSE"!

When you become a member, you are investing in the sustainability of an organization that enriches the lives of North Shore residents, families and friends by providing diverse educational, cultural, social, and recreational opportunities for people of all ages.

As a member, you'll quickly see why this unique 501(C)(3) non-profit organization has succeeded **without tax support** for so many years creating an environment where relationships are formed and memories made.

MEMBERSHIP BENEFITS

The Winnetka Community House is your home for family activities, events, and entertainment. The more you participate, the more you save!

- Early Registration for Programs – Registration begins a week early for members.
- Discount on Programs
- Receive email newsletters on Community House happenings and upcoming programs & events.
- FREE open gym to all WCH members.
- All members of your household receive these benefits!
(Please include all members of your household when registering)
- **Membership is 100% tax deductible**

To sign up for a membership, please complete the registration form in back of the program guide or register online at winnetkacommunityhouse.org.

***Your taxes don't support us, but your membership does!
Please consider joining today!***

Woman's Board

WOMAN'S BOARD

The Woman's Board was formed in 1976 by an enterprising group of women to support the entity they considered vital to the unique quality of their community. Their children had spent Saturday afternoons playing ball in the gym of WCH, watched movies in Matz Hall on Friday evenings and congregated during after-school hours at the bowling alley. Bridge groups, armchair travel lectures and theatre offerings all found a home through the years at the Gothic-style building located at Pine Street and Lincoln in Winnetka.

Winnetka Community House receives no tax dollar support. Eighty-five percent of the funds raised by the Woman's Board go directly to the operating budget of the Community House, with the remainder earmarked for special projects and needs. These funds, along with generous and ongoing support from local businesses and residents, have helped to grow and sustain Winnetka Community House—one of the only institutions of its kind in the United States.

Our members are a multigenerational group of women, working together to support and promote Winnetka Community House. We work in a team environment with many opportunities for individual contributions. Members of the Woman's Board are unofficial "ambassadors" for Winnetka Community House. Members are encouraged to attend and participate in events sponsored by the Woman's Board, such as the Antiques + Modernism Winnetka Preview Party and other member social events and to volunteer when possible as additional "womanpower" is needed.

WOMAN'S BOARD MEMBERS

Kate Ancell	Katie Flanigan	Kathryn Kish	Jennifer Morse	Mary Tilson
Lara Beanblossom	Kim Frezados	Kate Kligora	Susan Nelson	Karen Vorwald
Sarah Boulos	Laura Glick	Jennifer Lasser	Roni Moore Neumann	Shayne Welch
Anne Brown	Gina Gooden	Perla Long	Kim Ronan	Patty Kelly Wilson
Amy Capocchi	Elyse Hahner	Tara Maher	Nidhi Singh	Stephanie Wilson
Annie Challenger	Kim Half	Anne Malone	Katie Smith	
Christina Cripe	Cristina Hazday	Jennifer Martay	Julie Stracks	
Michelle Cullen	Melece Hernandez	Tracey McDowell	Elizabeth Stucker	
Julia DeNapoli	Pauline Ignas Turner	Brenda Miller	Amy Swartchild	
Ceylon Eatherton	Seanra Kalil	Cindy Monnig	Tria Thomas	


NAVIGATING THIS PROGRAM GUIDE

The Winnetka Community House Program Guide has been designed to help you find the programs you want. Programs are in 4 different categories including Enrichment and Education, Fine Arts, Performing Arts, and Sports and Fitness. Within those categories programs are in order of age (with a few exceptions.) Special Events and Birthday Parties are located in the front of the program guide and Fitness Centre and Facility Information is located in the back.

EDITORIAL POLICY

Complete details of program policies, procedures, and guidelines are sometimes inadvertently omitted. Errors in days, times, registration requirements and fees may occur in the brochure. When such errors occur, the staff will advise you of the change as quickly as possible.

Thank you to Lorraine Ryan for providing photography!



BRIGHT IDEAS:
Did you know that Winnetka Community House has converted all of its lights to LED bulbs in order to be more sustainable? Also, this program guide is printed on partially recycled paper.

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2018 Winter/Spring Programs & Classes

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winnetkacommunityhouse.org



Registration Information

Member registration opens November 19, 2018 and will be processed on a first come, first served basis. All non-members will be able to register November 26, 2018.

Registration received through the mail, or in person will be processed by 5 pm the next business day. The best way to ensure that your registration is processed immediately is by using our online registration at winnetkacommunityhouse.org or call 847-446-0537

How To Register

To register for a membership simply list all eligible members on the registration form. Then check the box and add the membership fee in with your registration.

Register for programs online at winnetkacommunityhouse.org or on the enclosed registration form.

Please print clearly.

Read and fill out form completely.

By listing your email address, you agree to receive email communications from winnetka community house. If you do not wish to receive these emails, please unsubscribe.

Sign the registration form. Unsigned forms will not be processed, and will be returned to you. This will delay processing your registration.

Credit Cards

You may use your credit card for all programs which appear with a class number or for a Fitness Centre membership. Fitness Centre memberships are obtained at the Fitness Centre only. Be sure to fill out the credit card information completely and sign the form. We do not take telephone registration.

Cancellation of Classes

Prior to any class, registration is reviewed to determine if the enrollment is sufficient to hold the class. Register early!

Do not wait until the day of the first class to register. You may find the class has been cancelled due to low enrollment

Prorated Policy

Classes may be prorated if you would like to enroll in a class after it has started, provided the instructor has space and allows for late registration. The supervisor must approve the prorated amount.

Refund Policy

Full refunds will be issued for courses that are cancelled by Winnetka Community House due to insufficient registration. A refund, less a 10% service charge (not to exceed \$25), may be granted if the refund request is received five full working days prior to the start of the program. No refunds will be allowed after this time unless a medical condition develops and a written explanation from a physician on his/her letterhead is presented. Due to advanced reservation requirements, no refunds for trips, outings or special events will be given.

Emergency Closings

The Winnetka Community House endeavors to keep its facilities and programs operating whenever possible. There are times, however, when weather, road conditions or facility malfunctions dictate that programs and/or services must be cancelled or temporarily postponed or entire facilities closed. In order to provide employees and patrons with a safe and secure environment in which to work and play, the Winnetka Community House reserves the right to close a particular facility or cancel a program when deemed necessary.

Inclement Weather Policy

If school District 36 cancels classes for the entire day, all Winnetka Community House children's programs (including Free-To-Be-Kids childcare) starting before noon will be cancelled. Decisions on all adult programs and children's programs starting after noon, will be made on a case-by-case basis. Please check winnetkacommunityhouse.org for complete details on class cancellations.

Religious Holidays

Winnetka Community House makes every effort to avoid scheduling programs or events on religious holidays. Anyone affected will be offered the option of attending a session of the same program on a different date as a make-up, or receiving a prorated refund of the series fee for the date missed.

General Information

- Winnetka Community House is not responsible for the supervision of children on site prior to or remaining on site after the established program times.
- Winnetka Community House is handicapped accessible.
- If you or any member of your family has special needs, please see our President and CEO.
- Winnetka Community House receives no tax dollars. We are supported by our programs, fund raising events, our annual campaign, and donations.
- Winnetka Community House assumes no responsibility and carries no accident or medical insurance for injuries or accidents at programs or activities on Community House property. It is advisable to review your own personal health insurance plan to be certain that you and your family have proper and sufficient insurance coverage.

Scholarship Information

- Winnetka Community House has established a scholarship fund for any resident who would like to take part in a Winnetka Community House activity, but is unable to render full payment. Persons interested may submit their need in writing to the attention of the Director of Operations for confidential review. If further information is desired, please call our main office.

Donations to this scholarship fund are gratefully accepted.

Special Events



GINGERBREAD HOUSE DECORATING WORKSHOP **NEW!**

Enjoy an afternoon decorating a real gingerbread house with edible icing and a variety of colorful candy. Bring it home and use it for a festive centerpiece or give it as a gift. Easy to do by yourself or have a blast decorating it with a group of family or friends. Gingerbread house kits includes a pre-made house ready to decorate with icing and 5 different basic candies that are primary colors. If you have a favorite candy or like it to be a special theme please bring it along and I can help you with your ideas. Mini pretzels make a great fence, tootsie rolls turn into a log pile, ice cream cones make mini bushes with green icing and Andee's candy can be used to make a path or shutters on the windows. Price is per house.

Instructor: Laura Botsford

All Ages

Activity#	Date	Day	Time	M/NM
13770	1 2/9	Su	2:00 - 4:30PM	\$50/\$65



KID'S GARAGE SALE

Here is the chance for your 7 to 12 year old to sell outgrown clothes and toys for fun and profit. The event is open to the public for shopping. There must be one adult per table. Registration must be received by April 26. This event will take place outside in our Lincoln Street parking lot.

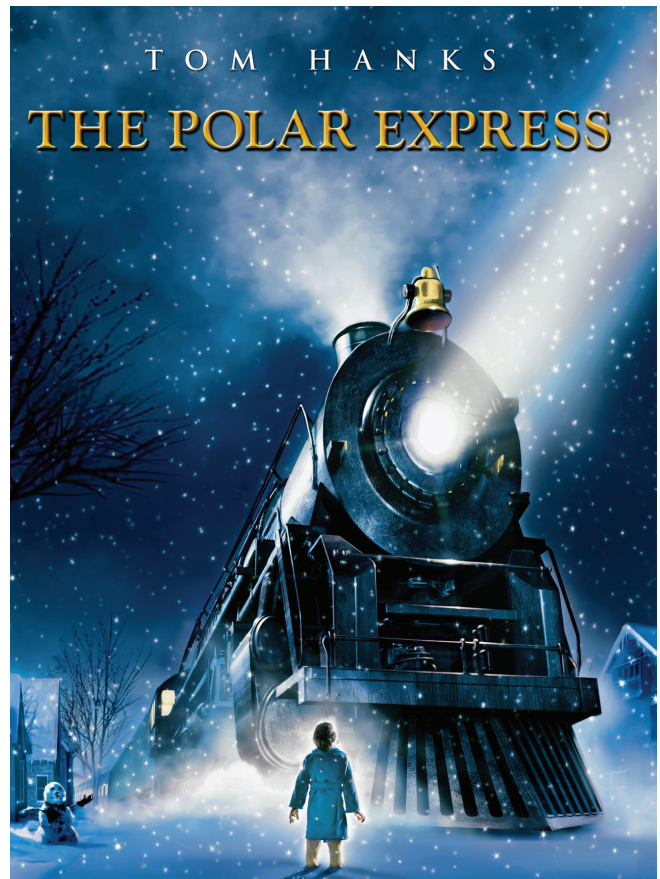
Ages 7-12

Activity#	Date	Day	Time	M/NM
13761	4/27	Sa	9:30 - 11:30AM	\$35/\$39



Winnetka
Community
House

Presents Family Movie Night...



Bring the entire family for hot chocolate, cookies, and more while you watch

The Polar Express at the Community House!
Cozy up in your PJs and kick off the Christmas season with us.

Friday, December 14

6:30pm

\$15 Advance per person

\$20 At the Door per person

Special Events

Adult Enrichment Lectures

Aviva Brill fuses her M.A. in clinical social work, from the University of Chicago, with a health coaching certification, Aviva meets her clients' needs through her well-honed understanding of the unique, complexity of every individual and provides tailored perspective, insight and innovative approaches designed to be actionable. Aviva was born and raised in Evanston. She currently lives in West Bucktown and teaches Zumba, practices yoga, and loves to dance salsa.

Time Management: An Internal and External Approach

Sometimes it may feel like time slips by and before you know it you've missed a deadline, forgotten an important birthday or let your to-do list become a to-do beast. With a couple of simple steps, you can turn that beast into a list of accomplishments that provide you more free time and more mental space (think better sleep, more creativity, a more fun, happier you).

Thursday, January 24
9:30-11am \$10

Parenting and Stress Management-Battles in Your Mind and Battles with Your Kids

Are there things about parenting that make you feel like you have little to no impact or voice? Do you have parenting-related stress that you'd like to manage better? Have you ever wondered, "where is the ME in parenting?" If you said yes to any or all of these questions, come to this workshop for a bit of commiseration and some tools to get you having more impact and preserving a sliver of sanity for yourself!

Thursday, February 24
9:30-11am \$10

One Small Change

We've all felt stuck at various points in our lives but, what is the difference between those who get unstuck versus those who don't? The difference is 1) their ability to see that they're stuck and, 2) once they've recognized what it is, doing something about it. For a number of areas in our lives we can make a big impact by making One Small Change. In this workshop we will suss out the WHAT that is making you feel stuck and look at the HOW to get unstuck. Even if it's something that feels huge, you can get a big impact by modifying or changing what may have seemed like minor details.

Thursday, March 14
9:30-11am \$10

One Small Change to Eating Better

This workshop looks at how eating better is not about throwing your food away, never eating out again or not being able to indulge in "fun food." Instead, we look at what changes you can make that are realistic for you, the way you eat, your life style and what your body needs. We'll shed light on your food choices (even those who eat really well), food habits and cravings and begin to deconstruct why you eat what you do, the way that you eat and when you eat.

Thursday, April 25
9:30-11am \$10

Register for all lectures on [Eventbrite.com](https://www.eventbrite.com)



Northshore Cares For The Night Ministry

'Tis the season of giving! Come join the staff of the Winnetka Community House, Winnetka Youth Organization, Glencoe Youth Services, Wilmette Warming House, and Haven Youth and Family Services for an opportunity to give back to the community. We will be making bag lunches and bundling donated hygiene items for the individuals that The Night Ministry strives to help. The Night Ministry provides a wide range of opportunities for individuals in Chicago struggling with poverty and homelessness. Stop by to support a great cause for our Chicago neighbors in need this season and enjoy the spirit of giving with all of us here at the Community House! All those 12 years of age and up are welcome for this great holiday event. Travel size hygiene products are being collected at the Community House beginning November 19. Please help with this great cause. The event is in partnership with the Warming House Youth Center and Glencoe Youth Services.

Saturday, December 15 1-3pm at the Winnetka Youth Organization, which is housed at the Community House.



Toys For Tots

The mission of the U. S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as holiday gifts to less fortunate children in the community. The Community House is delighted to be a collection site for this wonderful event. Please drop off your unwrapped toys in the designated Toys For Tots boxes around the Community House. We will be collecting until early December.



Winnetka
Community
House

Holiday Party Special

Book your Holiday Party at the
Community House and receive

20% Off

the room rental &

10% Off

all food and beverage

When your house is full come to ours!

For Booking Info Contact

Mark Schusteff 847-881-9370

WINNETKACOMMUNITYHOUSE.ORG

620 Lincoln Ave., Winnetka IL.



CATERED *by* DESIGN.
BRINGING YOUR EVENTS TO life.

**Offer valid on new reservations only November 1st 2018 through January 31st 2019.
\$500 minimum on food and beverage. Not valid with any other offer.**

Special Events

College Students Open Gym Night Wednesday, December 19 6:00-8:00 PM

Welcome back home! We hope everyone had a great semester. While you're home relaxing and spending time with family, take a night off and spend a couple of hours with your friends. Reconnect, share stories, and enjoy an evening of informal basketball!

Free

The John Measner Magic Show Monday, January 21 10:00 AM

See John Measner, magician extraordinaire, at the Community House! John is a classically trained magician and skilled manipulator showcasing many mystifying illusions (some with live animals). He has performed on Chicago's own "Bozo Show," cable TV talk shows and dazzled audiences at popular festivals. His show includes audience participation which will thrill you with everything from card-and-coin magic to illusions.

\$10 in advance \$15 at the door

Family Bingo Night Friday, January 25 6:30-8:00 PM

Old and young will enjoy this family favorite, complete with beverages, popcorn, and prizes! Extra bingo cards will be available for purchase.

\$10 per person \$1 for each additional card

Matt Wilhelm's BMX Show Monday, February 18 10:00 AM

From the X-Games to the Community House, award winning BMX biker Matt Wilhelm will be sure to entertain in this exciting bike trick show featuring the record holder for the fastest bike spin in the world. His amazing BMX bike tricks have also earned 3 X-Games Medals, 2 National Championships, and a host of other awards. Most recently, Matt was a semi-finalist on "America's Got Talent". This show is not to be missed.

\$10 in advance \$15 at the door

Wheel of Wisdom Family Trivia Friday, March 1 6:30-8:00 PM

Enjoy a night out with your family by watching and participating in a game show that has been touring since 1985! Three glittery contestant booths, scoreboards, theme music, buzzers, bells, lighting effects, and a multicolored wheel transform the Community House Theatre into a Hollywood style game show studio and you may be chosen to be a contestant! Different categories include: children's books, movies, and the history of Winnetka and the Community House. Prizes and fun galore.

\$10 in advance \$15 at the door

Bike Sale Saturday, April 27 8:30 AM

Whether you want to buy, sell or have your bike appraised to sell, you will get your chance at our annual bike sale. Sellers, a Wilmette Bicycle Shop representative will be available beginning at 8:30 a.m. to evaluate the condition of your bicycles and suggest repairs. A 25% service charge, based on sale price, will be donated to the Community House. The Bike Sale will be held rain or shine on the Community House Front Lawn.

Bicycle drop-off (sellers): 8:30-9:30 a.m.

Bike Sale (buyers): 9:30-10:30 a.m.





Winnetka
Community
House

Breakfast with Santa

Saturday, December 1
8:30 - 11:30am

\$25 per person, Children Under 2 are Free.
Please bring an unwrapped Toy for Toys for Tots

Don't miss the fun! Pick up your tickets today at
www.winnetkacommunityhouse.org
or call us at 847-446-0537

Produced by:
The Winnetka Community House Woman's Board



Winnetka
Community
House

6th Annual
*Holiday
Singalong*



some assembly required
PERFORMS

**SUNDAY,
DECEMBER 9TH**

2pm

**WINNETKA
COMMUNITY HOUSE**

ROOM 104, 620 LINCOLN AVE, WINNETKA

All are welcome!

ALL PROCEEDS BENEFIT THE
WINNETKA COMMUNITY HOUSE

FOR TICKETS GO TO
EVENTBRITE.COM

\$5 PER PERSON, \$10 PER FAMILY

PRESENTED BY
strictly
ENTRE NOUS

Birthday Parties



PARTY PACKAGES INCLUDE 90 MINUTES OF PARTY TIME WHICH INCLUDES 45 MINUTES OF ENTERTAINMENT OR INSTRUCTION AND PARTY ROOM SETUP (TABLES AND CHAIRS) AND CLEANUP.

Call 847-881-9370 to book. Due to the increased popularity of this program, we strongly suggest that parties be booked at least three weeks in advance! Cancellation within five days of party will result in forfeiture of fee.

ANIMALS

Thrill your party guests with animals such as a Siberian chipmunk, snake, chinchilla, gecko, hedgehog and more. Children learn about each animal in this informative and fun hands-on party. **Age: 5+ Fee: \$300 for 20 guests / Each Additional Child: \$5**

ANIMAL BALLOON PARTY

Balloon animals are a huge hit at birthday parties! Now your party can have balloon animals (dogs, butterflies, swords, giraffes, etc.) being made non-stop for 45 minutes by the Magic Team of Gary Kantor. The kids will do more than just play with the balloons; they'll also get to decorate their animals with stickers and markers. At the end of the party all the kids will get to take home their very own collection of assorted balloon animals. **Age: 3+ Fee: \$300 For 20 guests / Each Additional Child: \$5**

BASKETBALL

Hoops4Health will have their highly trained staff set up fun basketball games such as a 3-point contest, dribbling contest, hot shot, and a full court game. Contest winners will receive various prizes! **Age: 4+ Fee: \$300 for 20 guests / Each Additional Child: \$5**

CERAMICS

Create your own personalized treasure (mug, bowl, plate, jewelry box, etc). Design, decorate, and paint with creativity! Instructors will assist in assembly and demonstrate decorating techniques. These handmade treasures will be fired, glazed and ready to be picked up 7–10 days after the party. **Age: 4+ Fee: \$300 for 12 guests / Each Additional Child: \$5**

CLOWNS

Our experienced performers attract and hold a child's attention. Parties can include balloon animals, games, kooky magic, and interactive dance. **Age: 3+ Fee: \$300 for 20 guests / Each Additional Child: \$5**

HIP HOP DANCE

This party celebrates another birthday with the energy of Hip-Hop inspired dance. Everyone will be ready to burn up the dance floor while playing dance games and performing a special choreographed dance for the birthday child.

Age: 7–13 Fee: \$300 for 15 guests / Each Additional Child: \$5

IMAGINATION PRINCESS

Expect ribbon dancing, interactive story time, sing a long, princess training, themed games and more during this fantastical journey. Themes: Snow sisters, Beauty princess, Arabian princess, Spanish princess, Cinderella, Island princess, Mermaid princess, Fairy princess.

Age: 3+ Fee: \$300 for 20 guests / Each Additional Child: \$5

MAD SCIENCE

A variety of experiments will be displayed. All activities are thoroughly safe and clean.

Age: 4–5 \$320 for up to 12 guests, \$345 for 13 to 20 guests.

Age: 6 and older \$320 for up to 12 guests, \$345 for 13 to 20 guests, \$370 for 21 to 30 guests

MAGIC

Abracadabra! Children enjoy an amazing display of magical tricks at this exciting party. Our professional magicians gear their magic to children of all ages. **Age: 4+ Fee: \$300 for 20 guests / Each Additional Child: \$5**

MAGIC AND MUSIC

This show is a very interactive blend magic with music, games and contests. A child-friendly magical performance including many opportunities for the children to help with the tricks. After the magic show our performer will lead guests in games, age appropriate music, television trivia and many fun dances. **Age: 5–12 Fee: \$300 for 20 guests / Each Additional Child: \$5**

MARTIAL ARTS

Children will receive a group Martial Arts lesson and learn how to break their own board! As a special treat, the kids will be sure to enjoy a short demonstration by the instructor. This party is a high energy outlet for active kids, all done in a fun and safe environment.

Age: 4+ Fee: \$300 for 20 guests / Each Additional Child: \$5

PAMPER ME SPA RETREAT

Come join Glitzy Girls as they pamper your guests. Each guest will receive a mini manicure and pedicure including the polish of their choice. Then, design a beaded bracelet/anklet to show off your beautiful nails.

Age: 6-12 \$300 for up to 10 guests, \$360 for 11 to 15 guests, \$420 for 16 to 20 guests

ROCK DIVA GLAM JAM

Come join Glitzy Girls for a glamorous dance party. Each child will receive a rock diva or dude makeover; which includes up-dos, braids, make-up and sparkles. Then, dance to your favorites like Limbo and Freeze Dance.

Age: 6-12 \$300 for up to 10 guests, \$360 for 11 to 15 guests, \$420 for 16 to 20 guests

STARWALK

Jump for joy! The Starwalk is a 20' x 20' air-inflated balloon bounce. Experience the fun of a carnival at your party complete with scooters, balls and hula-hoops. No instructor or entertainer is provided. **Age: 3+ Fee: \$300 for 20 guests / Each Additional Child: \$5**

SPORTS

If your child loves sports, this is the party for him or her! A trained instructor will lead the children in sporting activities such as basketball, dodge ball, floor hockey and more. Children are sure to work up an appetite for that birthday cake! **Age: 4+ Fee: \$300 for 20 guests (more than 20 children requires a second instructor which will incur additional costs)**

WACKY RELAYS AND OTHER GOOFY GAMES

What do you get when you cross the Olympic games with scooters, hula-hoops, balloons, and more? You get Wacky Relays! Outrageous fun all! **WARNING: not everyone can handle this much fun!**

Age: 5+ Fee: \$300 for 20 guests / Each Additional Child: \$5



INQUIRE ONLINE AT WINNETKACOMMUNITYHOUSE.ORG/BIRTHDAYS OR CALL 847-881-9370

Winter Camps

CORNFLAKES WINTER CAMPS

Looking for something fun to do over winter break? Sign up for Cornflakes. Cornflakes has been an integral part of the Community House for over 30 years. Daily activities may include adventure walks down the snowy Green Bay Trail, arts and crafts, simple cooking projects and fun games. Please dress appropriately for the weather since some of the activities will take place outside. Must be toilet trained. Ages 4-6

Activity #	Date	Day	Time	M/NM
13759	12/27-12/28	TH F	9:00AM -12:00PM	\$89/\$99
13757	1/3 -1/4	TH F	9:00AM - 12:00PM	\$89/\$99

CHESS WINTER BREAK CAMP

CHESS-ED (new at both Greeley and Crow Island) will provide this Spring CHESS Break Camp. Chess-Ed is the premiere chess provider in the area. Chess-Ed has a professional staff of United States Chess Federation certified instructors. The instructor will help each student move to a new level of expertise. Materials covered will include the basics and beyond, plus opening theory, middle game planning and tactics, and end game combinations. World famous games and chess positions will also be studied. The student will learn how to accept winning graciously and learn to turn losses into learning opportunities. This chess program is both a dynamic and fun. Presented by CHESS-ED. Join TODAY!!!

Grades 1st - 8th

Activity #	Date	Day	Time	M/NM
13633	1/2-1/4	W TH F	12:00 - 2:00PM	\$169/\$199



HOOPS4HEALTH



HOT SHOTS SPORTS HOLIDAY SPORTS CAMP

Join us for our Thanksgiving and Holiday Camps! Kids will participate in a stimulating and competitive environment. Focus will be on helping kids with teamwork and fundamentals while playing a variety of sports. Awards will be given out and participants will be rewarded for effort and sportsmanship. Camp highlights include a 6 to 1 Camper to Counselor Ratio, Camp T-Shirt, Team Gameplay and Prizes and Awards.

Ages 4-6 Instructor: Hot Shots Sports Staff

Activity#	Date	Day	Time	M/NM
13205	11/21 & 11/23	W F	9:00 AM-12:00 PM	\$100/\$126
13207	12/26-12/28	W TH F	9:00 AM-12:00 PM	\$150/\$188
13208	1/2-1/4	W TH F	9:00 AM-12:00 PM	\$150/\$188



HOOPS4HEALTH WINTER BREAK CAMP

Our Winter Break Basketball Camp will hit on all the fundamentals of the game. Including guard/post development, defense, plyometrics/ hand-eye coordination/footwork, dribble training, basketball cuts, screen and roll situations, learning the art of the Jumpshot, game situations, and building a basketball IQ. We will work on how to make quick smart decisions on the court. We will also be having our traditional All Start Night (January 5 from 4-7pm). A great fun way for all the players to showcase their skills and just have a lot of holiday fun. We will have a Skills Challenge, Shooting Stars Competition, Slam Dunk Contest, and All Star Game. There will be many prizes and a big healthy foods pizza party. Our Hoops4Health staff can't wait to share their knowledge of the game with the campers over the holidays.

Grade: Kindergarten - 1st Instructor Hoops4health

Activity#	Date	Day	Time	M/NM
13221**	12/26-1/4	W Th F	12:00-1:00 PM	\$194/\$228
13222**	12/26-1/4	W Th F	1:00-2:00 PM	\$194/\$228
13223	12/26-12/28	W Th F	12:00-1:00 PM	\$72/\$95
13224	12/26-12/28	W Th F	1:00-2:00 PM	\$72/\$95
13762	1/2-1/4	W Th F	12:00-1:00 PM	\$72/\$95
13763	1/2-1/4	W Th F	1:00-2:00 PM	\$72/\$95
13766*	1/5	Sa	4:00-7:00 PM	\$65/\$65

*All-Star Night

**Non All-Star night register online Member \$140 Non member \$175

Spring Camps

HOT SHOTS SPORTS NO SCHOOL DAY CAMPS

Campers are introduced to the fundamentals of sports, as this program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. Participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle..Camp highlights include a 6 to 1 Camper to Counselor Ratio, Camp T-Shirt, Team Gameplay and Prizes and Awards.

Ages 4-6 Instructor: Hot Shots Sports Staff

Activity#	Date	Day	Time	M/NM
13534	1/21	M	9:00 AM-12:00 PM	\$69/\$79*
13568	2/18	M	9:00 AM-12:00 PM	\$69/\$79*
13605	2/7	TH	9:00 AM-12:00 PM	\$59/\$69
13606	2/8	F	9:00 AM-12:00 PM	\$59/\$69
13607	4/19	F	9:00 AM-12:00 PM	\$59/\$69

*Includes Show-

HOT SHOTS SPORTS SPRING BREAK CAMP

Join us for our annual Spring Break Camp where kids participate in a stimulating and competitive environment. Focus will be on helping the kids with teamwork and fundamentals while playing a variety of sports throughout the week. Prizes and awards will be given out daily, and participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle.Camp highlights include a 6 to 1 Camper to Counselor Ratio, Camp T-Shirt, Team Gameplay and Prizes and Awards.

Ages 4-6 Instructor: Hot Shots Sports Staff

Activity#	Date	Day	Time	M/NM
13536	3/25-3/29	M Tu W Th F	9:00AM-12:00PM	\$299/\$349

HOT SHOTS SPORTS MEMORIAL DAY CAMP

Join us for our annual Memorial Day Week Camp where kids participate in a stimulating and competitive environment. Focus will be on helping the kids with teamwork and fundamentals while playing a variety of sports. Prizes and awards will be given out daily, and participants will be rewarded for effort and sportsmanship. Campers are encouraged to bring a snack and water bottle.Camp highlights include a 6 to 1 Camper to Counselor Ratio, Camp T-Shirt,Team Gameplay and Prizes and Awards

Ages 4-6 Instructor: Hot Shots Sports Staff

Activity#	Date	Day	Time	M/NM
13603	5/28-5/31	Tu W Th F	9:00AM-12:00PM	\$229/\$269



NOGGIN BUILDERS: SPLAT

NEW!

Design your own catapult to launch things across the room. with your team to protect your egg from a giant fall ? will your egg survive? Make your very own slime to take home. This workshop is sure to be smashing!

Full and half day class available

Instructor: Noggin Builders

Grades K-5

Activity#	Date	Day	Time	M/NM
13684	3/26	Tu	9:00AM-4:00PM	\$99/\$129
13685	3/26	Tu	9:00AM-4:00PM	\$149/\$169

NOGGIN BUILDERS: LEGO ADVENTURE

NEW!

Build problem solving skills using LEGO bricks.Create a marblemaze, explore symmetry, race magnet powered cars and let your imagination soar as you design new worlds using LEGO bricks.

Full and half day class available

Instructor: Noggin Builders

Grades K-5

Activng#	Date	Day	Time	M/NM
13686	3/27	W	9:00AM-12:00PM	\$99/\$129
13687	3/27	W	9:00AM-4:00PM	\$149/\$169

NOGGIN BUILDERS: GROSS CHEMISTRY

NEW!

Get your hands dirty with this workshop that will feature things sticky, messy, and disgusting. From gooey experiments to the world of germs, get ready to be grossed out!

Full day and half day class available

Instructor: Noggin Builders

Grades K-5

Activity#	Date	Day	Time	M/NM
13688	3/28	Th	9:00AM-12:00PM	\$99/\$129
13689	3/28	Th	9:00AM-4:00PM	\$149/\$169



Enrichment & Education

TINY BITS

Moms and tots come play and learn as we see how much fun it is to be a toddler! We will have lots of exploring time plus an art project, a story and snack to end a day of fun. An adult must accompany each child. No siblings are allowed. Please bring a sippie cup for your child.

Instructor: Mary Fisher, Elyse Ferdinand Ages 12 to 23 Months

Activity#	Date	Day	Time	M/NM
13741	1/9-3/20	W	9:15-10:00 AM	\$299/\$349
13742	1/9-3/20	W	10:15-11:00AM	\$299/\$349
13743	1/10-3/21	Th	9:15-10:00AM	\$299/\$349
13744	4/3-5/29	W	9:15-10:00AM	\$229/\$269
13745	4/3-5/29	W	10:15-11:00AM	\$229/\$269
13746	4/4-5/30	Th	9:15-10:00AM	\$229/\$269

LITTLE BITS

Little Bits is a class designed for ages 2-3 to have fun and make new friends while engaging in art, music, free play, story time and end class with a snack. Each week will be centered around a new theme. Children will be taught social skills as sharing, caring and cooperation. Unfortunately, staff may not change diapers. You may register for as many days as you like. Children must be 2 years of age by January 11, 2019. This is a drop off class.

Instructor: Mary Fisher, Elyse Ferdinand Ages 2-3

Activity#	Date	Day	Time	M/NM
13739	1/7-5/20	M	9:30-11:00AM	\$529/\$599
13740	1/8-5/18	Tu	9:30-11:00AM	\$529/\$619

No Class: 3/25, 3/26, 5/6, 5/7

ABC'S & 123'S

Each class is centered on a different number and letter which are reinforced through various puppets, songs, games and stories.

Children must be 3 years of age by January 11, 2019.

Instructor: Mary Fisher and Elyse Ferdinand Ages: 3-4

Activity#	Date	Day	Time	M/NM
13747	1/11-5/31	F	9:30-11:00 AM	\$529/\$599

No Class: 3/4, 4/19, 5/10

LUNCH ADVENTURES

Come over and have lunch and fun and make new friends! Come and take a different journey each week. Let's be a pirate and look for treasures one week and the next week become a chef and bake cookies. New adventures awaits you. We will learn through various art media, simple cooking projects, stories and more. Please bring a peanut-free lunch with a drink to class. Please notify us ahead of time if your child needs to be picked up from Winnetka Community Nursery School.

Instructor: Mary Fisher and Elyse Ferdinand Ages: 4-6

Activity#	Date	Day	Time	M/NM
13748	1/11-3/22	F	11:15 AM-1:00 PM	\$374/\$468
13749	4/5-5/31	F	11:15 AM-1:00 PM	\$238/\$329

No Class: 4/19, 5/10

SPRING FLING

Come and enjoy a day celebrating spring with Ms. Mary & Ms Elyse. Children will be doing spring art & cooking projects and learning all about spring. Children must be toilet trained to participate in this class.

Instructor: Mary Fisher, Elyse Ferdinand Ages 3-5

Activity#	Date	Day	Time	M/NM
13751	3/27	W	9:00-11:30AM	\$59/\$69



EXTRAORDINARY KIDS PRE K ADVENTURES

Join us as we take your child on an educational adventure, emphasizing fun, creativity and lifelong thinking skills! S.T.E.A.M. & activities are woven into topics that include: You and Great Artists, Robots-Today and Tomorrow, Our Feelings, Understanding the Importance of Healthy Eating and Fitness, and Traveling to the World of Castles and Bridge Building. If staying for lunch please bring a nut free lunch and a drink. Please notify us ahead of time if your child needs to be picked up from Winnetka Community Nursery School.

Instructor: Extraordinary Kids Staff Ages: 3.5-5

Activity#	Date	Day	Time	M/NM
13755	1/7-5/20	M	12:30 - 2:30 PM	\$499/\$569
13754	1/11-5/24	F	12:30 - 2:30 PM	\$499/\$569

Lunch Option

13752	1/7-5/20	M	11:30 AM-12:30 PM	\$299/\$349
13753	1/11-5/24	F	11:30 AM-12:30 PM	\$299/\$349

No Class: 3/25, 3/29, 4/19, 5/6

3'S & 4'S EXTRAORDINARY KIDS PRE K ADVENTURES

It's time to expose our early learners to various topics through science, literature and S.T.E.A.M activities. Smiles and laughter abound as we learn about how eating a rainbow can give us the energy for play, how exploring as scientists and conducting experiments can lead us to think and understand the world around us, and how we can explore great artists techniques in a way that will help us express our own emotions! Having so much fun in class? Sign up for the additional lunch program and continue your fun. Bring a nut-free lunch with a drink.

Instructor: Extraordinary Kids Staff Ages 3-4

Activity#	Date	Day	Time	M/NM
13768	1/8-5/21	Tu	9:30-11:30AM	\$449/\$569

3'S & 4'S EXTRAORDINARY KIDS PRE K ADVENTURES

LUNCH OPTION

Having so much fun in class? Sign up for the additional lunch program and continue your fun. Bring a nut-free lunch with a drink.

Activities will include story time and play.

Must be registered in program #13768 to register for this program.

Instructor: Extraordinary Kids Staff Ages 3-4

Activity#	Date	Day	Time	M/NM
13769	1/8-5/21	Tu	11:30AM-12:30PM	\$299/\$349

No Class: 3/25, 3/29, 4/19, 5/6

Enrichment & Education



MUSIKGARTEN: FAMILY MUSIC FOR BABIES

Play musically with your baby through bouncing and rocking songs, wiggle and peek-a-boo games, dancing, moving and singing.

Activities are designed to increase your child's curiosity about music, develop listening skills and sense of beat through movement and establish the foundation for singing and musical thought. An adult must accompany each child. Class on May 8 & 9 will be held at the Music Institute of Chicago, 300 Green Bay Rd., Winnetka

Instructor: (W) Suzanne Hannau, (Th) Grace Wong

Ages Birth-18 months

Activity#	Date	Day	Time	M/NM
13608	1/30-5/15	W	9:15-10:00AM	\$299/\$349
13609	1/31-5/16	Th	9:15-10:00AM	\$299/\$349

No Class: 3/27, 3/28

MUSIKGARTEN: FAMILY MUSIC FOR TODDLERS

Participate with your toddler in singing, chanting, moving, dancing, listening and playing simple instruments while developing a strong musical bond with your child. Through activities that bridge the natural connection between music and movement, your child's musical aptitude and focused listening abilities are enhanced and further developed. Classes provide an active hands-on musical environment appropriate for this age. An adult must accompany each child. *Musikgarten classes on May 8 & 9 will be held at the Music Institute of Chicago, 300 Green Bay Rd., Winnetka.*

Instructor: (W) Suzanne Hannau, (Th) Grace Wong

Ages 16 months-3 yrs

Activity #	Date	Day	Time	M/NM
13610	1/30-5/15	W	10:15-11:00AM	\$299/\$349
13611	1/31-5/16	Th	10:15-11:00AM	\$299/\$349

MUSIKGARTEN: CYCLES OF SEASONS

Celebrate your child's love of nature and growing independence through activities that focus on the seasons of the year. Classes are designed to build attention span, self-expression, and language development. Components include singing, chanting, moving, focused listening, musical games, instrument exploration, creative movement, as well as stories for children to act out and embellish. Children must be accompanied by an adult for all Musikgarten classes* Musikgarten classes on May 8 & 9 will be held at the Music Institute of Chicago, 300 Green Bay Rd., Winnetka.

Instructor: (W) Suzanne Hannau, (Th) Grace Wong

Ages 3-5

Activity#	Date	Day	Time	M/NM
13612	1/30-5/15	W	11:15AM-12:00PM	\$299/\$349
13617	1/31-5/16	Th	11:15AM-12:00PM	\$299/\$349

No Class: 3/27, 3/28

CAFÉ AMIGOS

Cafe Amigos is open for business! Children bring a lunch with a beverage and learn Spanish while lunching with friends. There will be exciting theme days, songs, art, games, and MORE! It's 90 minutes of fun! All instructors are experienced early childhood educators and at least one instructor will be a native speaker. Staff will escort children from Winnetka Community Nursery School

To Winnetka Community House.

Ages: 3-5 Instructor: Amigos Program

Activity#	Date	Day	Time	M/NM
13681	1/7-5/20	M	11:15 AM-12:45 PM	\$399/\$469
13682	1/8-5/21	Tu	11:15 AM-12:45 PM	\$449/\$529

No class: 1/21, 2/18, 3/5, 3/26, 5/6, 5/7

FUN WITH AMIGOS

Everyday will be a special day at Fun With Amigos. We will laugh, play, create, sing, paint, cook and discover great wonders all while learning Spanish! Fun with Amigos uses a highly controlled vocabulary introduced in conjunction with fun theme days. All instructors are experienced in early childhood and at least one instructor is a native speaker.

Ages: 3-5 Instructor: Amigos Program

Activity#	Date	Day	Time	M/NM
13679	1/7-5/20	M	9:30-11:00 AM	\$399/\$469
13680	1/8-5/21	Tu	9:30-11:00 AM	\$449/\$529

No class: 1/21, 2/18, 3/25, 3/26, 5/6, 5/7

OUTDOOR ADVENTURES

Outdoor Adventures is an innovative program for families who want to teach their children about the world through exploration of their natural surroundings. We believe children learn best through hands-on experiences which build self-esteem and encourage a love of nature. In this class activities will include short stimulating hikes in a variety of outdoor settings, music, art projects and games. Please bring a peanut free snack and drink to class.

Instructor: Pam Katz

Ages 6-8

Activity#	Date	Day	Time	M/NM
13758	2/6-3/20	W	3:30-5:00PM	\$199/\$229
13759	4/3-5/29	W	3:30-5:00PM	\$229/\$269

No class: 5/8



Enrichment & Education

LEARN HOW TO MASSAGE YOUR BABY, WITH MISS ANGELA

NEW!

Learn about the magical world of baby massage. This two session workshop includes legs, stomach, chest, arms, face, and back strokes which lovingly promote baby development, relaxation, bonding and more. Learn movement games and the gas and colic routine to massage problems like tummy pain and discomfort. Miss Angela is a certified instructor through infant massage USA. Class registration includes baby massage handouts, a customized "I heart baby massage" bag, organic oil, and free baby development screen.

Instructor: The Baby Doctor and Company

Activity#	Date	Day	Time	M/NM
13672	1/24-1/31	Th	10:00 - 11:00AM	\$65/\$79



GAME DESIGN WITH ROBLOX

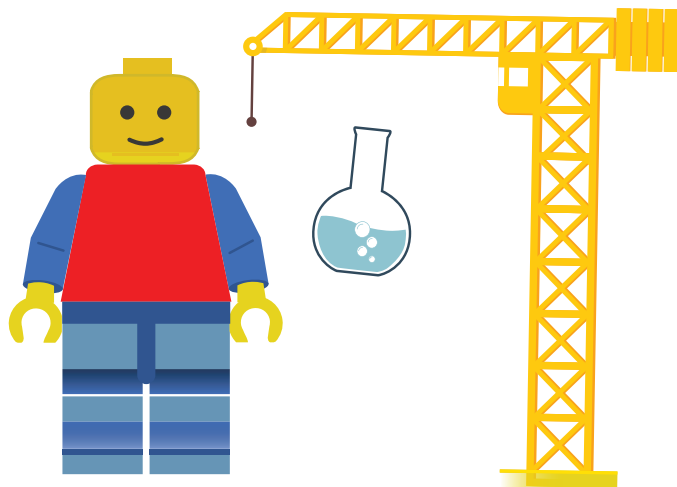
NEW!

Roblox is one of the fastest-growing game creation platforms on the planet, with more than 60 million players per month and top developers making over \$1 million a year. In this course, you'll use Roblox's built-in editor to create 3D worlds and then use Lua to code game mechanics. Publish, share, and play games with friends on any platform from console to mobile.

Instructor: TechStars Computer Explorers

Ages: 9-12

Activity#	Date	Day	Time	M/NM
13626	4/12-5/24	F	5:30-6:30 PM	\$299/\$349



ROBOTICS CLUB WITH LEGO WE DO EDISON BOTS

NEW!

TWO Great Programs in One! Your child's imagination will soar when they meet Milo, the rover, and discover simple machines, engineering and programming. Will they win the firetruck race or build the strongest crane? Students will be challenged and have fun when they are encouraged to experiment and create while using the MIT designed, LEGO WeDo 2.0 system. Meet Edison! Students will discover robotics as they work with Edison, the LEGOÆ compatible, programmable Bot! Students will use barcodes to program Edison to do everything from making music to "battling" in the Sumo ring!

Instructor: Tech Stars Computer Explorers

Ages 6-8

Activity#	Date	Day	Time	M/NM
13622	1/4-3/18	M	5:30-6:30PM	\$299/\$349

NOGGIN BUILDES STEM EXLPORERS

NEW!

Does your pre-schooler love technology? Want to let them explore their inner techie while fostering hands-on creativity and problem solving in a team-based environment? Working in pairs or teams, we'll explore new and exciting S.T.E.M.-based (Science, Technology, Engineering and Math) programs and in each semester's program we'll also explore digital arts! At the end of the session, parents will be invited to our Technology Fair and any work produced by the children will be loaded up to our cloud to be shared with friends and family!

Instructor: Noggin Builders

Ages: 3-5

Activity#	Date	Day	Time	M/NM
13678	1/7-3/18	M	4:00-5:30 PM	\$399/\$449
13674	1/8-3/19	Tu	1:30-3:00 PM	\$399/\$449
13676	1/8-3/19	Tu	4:00-5:30 PM	\$399/\$449
13760	4/1-6/3	M	4:00-5:30 PM	\$279/\$329
13675	4/2-5/28	Tu	1:30-3:00 PM	\$279/\$329
13677	4/2-5/28	Tu	4:00-5:30 PM	\$279/\$329

No class: 5/6 5/7

UNDER THE MICROSCOPE

NEW!

Guess what we discover under the microscope? Together we will explore a whole new world of learning and excitement. Using a child-friendly digital microscope, students will explore the concepts of magnification, science, nature study and; digital editing.

Instructor: Tech Stars Computer Explorers

Ages 3-5

Activity#	Date	Day	Time	M/NM
13627	4/12-5/24	F	11:15AM-12:00PM	\$169/\$199

Enrichment & Education



KIDS
GARAGE
SALE

Saturday, April 27
9:30 AM–11:30 AM

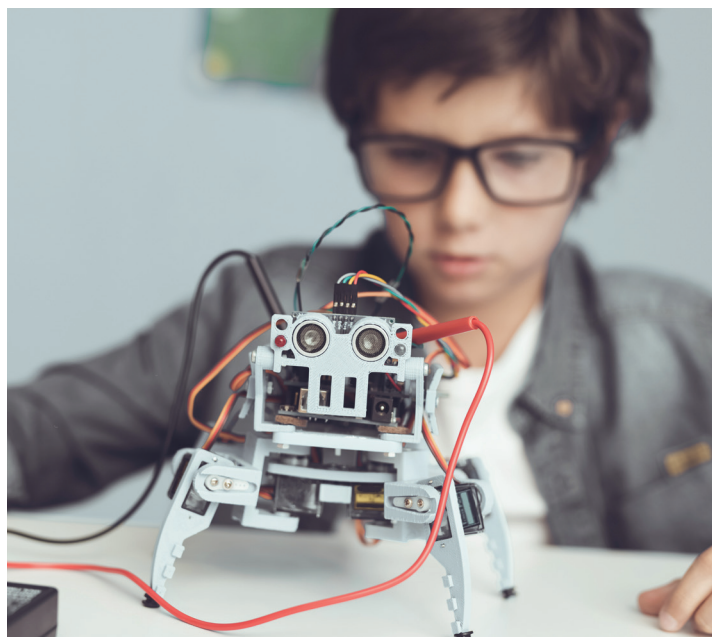
Ages: 7–12

Member: \$35

Non-Member: \$39

Class #13761

Here is the chance for your
7-12 year old to sell
outgrown clothes and toys
for fun and profit. The event
is open to the public for
shopping. There must be
one adult per table.
**Registration must be
received by April 26.**



INTRO TO ROBOTICS WITH BEEBOTS

NEW!

BeeBot has buzzed into town to help us learn about robots and programming. Students will learn in a group environment how to give BeeBot commands to program his movements. With hands-on fun and minds-on creativity, BeeBot will spark the youngest imaginations. Instructor: Tech Stars Computer Explorers

Ages 5-11

Activity#	Date	Day	Time	M/NM
13624	1/18-3/22	F	11:15AM-12:00PM	\$229/\$269

MINECRAFT CLUB NETWORK ADVENTURE

NEW!

TechStars grants you access to a PROPRIETARY Minecraft world you can't get on your own! Learn fundamentals of computer networking through this unique Minecraft experience that also allows you and your friends to work in multiplayer mode as you mine, craft and build together to survive. Working with a partner, use your skills to explore all the secrets the world has to offer, including a mysterious castle filled with challenges. No matter whether you are new to Minecraft or already love the program, this program is for YOU. Instructor: Tech Star Computer Explorers

Ages 6-9

Activity#	Date	Day	Time	M/NM
13625	4/8-5/20	M	5:30-6:30PM	\$169/\$199

No Class: 5/6

MINECRAFT CLUB: REDSTONE MODS AND CODIN

NEW!

TWO Great Programs in One! Explore the world of mods! Minecraft, one of the most popular video games in history, offers an amazing world of endless possibilities. Let your imagination transform your Minecraft experience into a unique world YOU create! This class is for Intermediate and Advanced students with basic Minecraft knowledge. Working in pairs, students will discover how to expand their worlds' abilities using popular game-enhancing mods. Learn to use, manipulate and evaluate mods that alter the appearance and game play. Note: Prior experience with Minecraft is required. Instructor: Tech Star Computer Explorers

Ages 9-12

Activity#	Date	Day	Time	M/NM
13623	1/18-3/22	F	5:30-6:30PM	\$299/\$349

Enrichment & Education



MOTHER/DAUGHTER TEA

Come and celebrate the joy of being a mother/daughter. What fun it would be to drink herbal teas from pretty china teacups, as well as eating hand made delicacies and sweet treats from Britain and South Africa. Of course there will be fancy hats, fascinators and boas in which to don ourselves, so please come dressed in your prettiest party dress. Through games and activities we will learn a little history about tea and fashion, as well as the etiquette in drinking tea as we share good table manners. Fee is per person.

Instructor: Confidence With Etiquette Ages: 3 to Adult

Activity#	Date	Day	Time	M/NM
13750	4/20	SA	3:00–4:00 PM	\$35/\$39

TEA WITH MR. AND MRS. C (C IS FOR COURTESY)

Come and have fun dressing up in fancy hats and jewelry as we practice sitting and behaving at the table. We learn how to serve and eat politely as we practice courtesy in our interaction with others. Each week two new table skills are introduced, and by the end of four weeks, through our practice, we have worked to develop good habits.

Instructor: Confidence With Etiquette Ages: 4–6

Activity#	Date	Day	Time	M/NM
13628	2/3-2/17	Su	10:00–11:00 AM	\$99/\$129

WHITE GLOVES, BLACK TIE ETIQUETTE CLASS

Excellent dining skills will serve you well wherever you go! Come and learn the skills of how to eat soup, bread, salad, vegetables and a protein as well as soft and a crusty dessert. We will also learn how to set the table for a three course meal, how to serve different dishes and how to clear away. We practice good walking and sitting posture, greetings, handshakes and farewells, gratitude, eye contact and polite conversation. Dress attire for class is a skirt or dress for young ladies and a dress shirt, slacks and a tie for young gentlemen.

Instructor: Confidence With Etiquette

Grades: 3rd–8th

Activity#	Date	Day	Time	M/NM
13254	12/2–12/16	Su	12:00–1:30 PM	\$150/\$188

DINING WITH THE STARS

Dining is a skill, so come and learn how to become a star at the table. We will practice setting the table for a two course meal: a main course and a dessert, and how to use different cutlery (silverware) and crockery (flatware). We will focus on posture, greeting, voice level, eye contact and showing appreciation. Dress attire for class is young ladies must wear a skirt or dress and young gentlemen in dress shirt, slacks and a tie.

Grades: Kindergarten–3rd

Instructor: Confidence with Etiquette

Activity#	Date	Day	Time	M/NM
13629	2/24-3/10	Sunday	12:30–1:30PM	\$169/\$199

The Winnetka Dance Center Presents

Nutcracker Gems

Sunday, December 16

Winnetka Community House • Matz Hall

NUTCRACKER GEMS

Come and see the best of the classic Nutcracker ballet performed by the Winnetka Dance Centre students. Fun family event for all ages.

Tickets go on sale to the public on Thursday, November 1, on Eventbrite.com. All tickets are \$10 and general seating. Sunday, December 16 2pm & 4pm show

Enrichment & Education



Winnetka
Community
House

Presents:



Monday, January 21 10:00 AM

See John Measner, magician extraordinaire, at the Community House! John is a classically trained magician and skilled manipulator showcasing many mystifying illusions (some with live animals). He has performed on Chicago's own "Bozo Show," cable TV talk shows and dazzled audiences at popular festivals. His show includes audience participation which will thrill you with everything from card-and-coin magic to illusions.

Entertaining for all ages!

\$10 in advance

\$15 at the door

Daddy Daughter: Holiday Gift Class

Calling all daddy's and their special little darlings.. Sign them up for this special bonding time over the holiday season. This class is full of heart and is perfect for making homemade gifts with love and thought for family members. Each couple will make 3 treasured gifts including a pottery and wood craft as well as a beautiful crystal beaded piece all from the HEART! Holidays spirits and festive music provided. A wrapping station will complete the gift.

Instructor: Glitzy Girlz

Ages:4-10

Activity#	Date	Day	Time	M/NM
13218	12/14	F	6:30-8:00 PM	\$48/\$60

Glitzy Girlz Winter Blues Spa Night

Come join Glitzy Girlz for a night out and beat the Winter Blues! Come dressed in your favorite PJS and be ready to learn how to pamper yourself. Our staff will lead a pedicure and manicure section with soaking, scrubbing, buffing, lotions and great polish application on nails and toes. Decorate a cute canvas accessory bag to hold fun goodies inside to take home like a nail polish and jewelry. Design a beaded dangle to add to anything and bling it up. Come with friends to the Spa!

Instructor: Glitzy Girlz

Ages:5-11

Activity#	Date	Day	Time	M/NM
13630	2/15	F	6:00-7:30 PM	\$39/\$49

Parent and Child Date With a Unicorn

Glitzy Girlz has teamed up with amazing instructors of the new craze WERQ dance. The class will bring the energy and the fun! Along with WERQ choreography the girls will do fun dances like limbo and line dancing. Sign up with a group of friends and wear your favorite workout outfit!

Instructor: Glitzy Girlz

Ages:3-10

Activity#	Date	Day	Time	M/NM
13631	4/12	F	6:00-7:15 PM	\$59/\$69

Mother/Daughter Besties Bling Boutique

Come join Glitzy Girlz for a night with your first little besties, your daughters! Our class will be all about bling and beads. Each couple will design a beaded ensemble of two crystals bracelets with a great selection of colorful beads and a charm dangle to accent the pieces. They will also decorate a trinket box to store the new treasures complete with personalization, paints and embellishments. A special night together remembered in BLING!

Instructor: Glitzy Girlz

Ages:4-11

Activity#	Date	Day	Time	M/NM
13632	5/3	F	6:00-7:15 PM	\$59/\$69

Enrichment & Education-Dog Obedience

BIG SKY DOG TRAINING-ADULT CLASS

This class is designed to review commands and increases the difficulty of exercises (commands) by extending the time and distance for each command. At each lesson you will be able to focus on your concerns, like housebreaking, chewing and barking to name a few. This class will teach you how to effectively train your dog while getting your dog to merge into your schedule and lifestyle. People interested in obtaining their dog's CGC Certification will be able to test at the end of the class. Dogs must be 6 months and older. Bring soft treats, and a leash. No retractable/expandable leashes, no sandals without a back strap. Clean-up bags. All recommended training methods will use positive reinforcement techniques. Dog Training hand signals, voice command and a marker word will be used throughout the class along with the five basic rewards; touch, voice, loose leash, play, and treats.

Ages 14+

Instructor: Montana Hayes

Activity#	Date	Day	Time	M/NM
13456	1/9-2/13	W	11:45 AM-12:45 PM	\$169/\$199
13469	2/20-4/3	W	11:45 AM-12:45 PM	\$169/\$199
13470	4/10-5/22	W	11:45 AM-12:45 PM	\$169/\$199
13471	5/29-7/3	W	11:45 AM-12:45 PM	\$169/\$199

No Class: 3/27, 5/8

BIG SKY DOG TRAINING-INTERMEDIATE

Your pup has learned the basic skills. It's time to up the ante! This class is geared toward strengthening the basic level obedience commands your dog has already learned. We will work on having greater control (come, sit, stay, down, and recalls) at farther distances, with more distractions and for increased time. In addition, we will begin to work on off-leash heeling exercises. People interested in obtaining their dog's CGC Certification will be able to test at the end of the class. Come join the fun! Bring soft treats, and a leash. No retractable/expandable leashes, no sandals without a back strap. Clean-up bags. All recommended training methods will use positive reinforcement techniques. Dog Training hand signals, voice command and a marker word will be used throughout the class along with the five basic rewards; touch, voice, loose leash, play, and treats.

Ages 14+

Instructor: Montana Hayes

Activity#	Date	Day	Time	M/NM
13457	1/10-2/14	Th	10:30 -11:30 AM	\$169/\$199
13458	2/21-4/4	Th	10:30 -11:30 AM	\$169/\$199
13472	4/11-6/6	Th	10:30 -11:30 AM	\$169/\$199

No Class: 3/28, 4/18, 5/2, 5/9



BIG SKY DOG TRAINING-PUPPY CLASS

This class is designed as a Puppy Head Start Program. Your puppy will learn; focus and attention, sit, down, wait and stay, walking on a loose leash, walking through a door correctly and recall (come) to name a few. Each of the 6-week lessons will also focus on your concerns, like housebreaking, chewing and barking. This class will teach you the reasoning behind a puppy's thought process as well as the prevention of and response to unwanted behaviors. Other essential puppy information will be provided such as dogfood, grooming and health issues. The class will teach you the best ways to train your puppy while still living your life. Beginning the socialization process during puppyhood ensures that your puppy will more likely grow to be a well adjusted and highly adaptable to other dogs, people and situations. Dogs must be 14 weeks and older. Bring soft treats, and a leash. No retractable/expandable leashes, no sandals without a back strap. Clean-up bags. All recommended training methods will use positive reinforcement techniques. Dog Training hand signals, voice command and a marker word will be used throughout the class along with the five basic rewards; touch, voice, loose leash, play, and treats..

Ages 14+

Instructor: Montana Hayes

Activity#	Date	Day	Time	M/NM
13459	1/9-2/13	W	10:30 -11:30 AM	\$169/\$199
13460	2/20-4/3	W	10:30 -11:30 AM	\$169/\$199
13467	4/10-5/22	W	10:30 -11:30 AM	\$169/\$199
13468	5/29-7/3	W	10:30 -11:30 AM	\$169/\$199



Enrichment & Education-Dog Obedience

CREATIVE PAWS-PUPPY CLASS

Puppy Class provides a positive environment for socialization of puppies to people as well as to each other. Early socialization (before the puppy is 18 weeks old) has been shown to greatly reduce the incidence of both human-directed aggression and dog-dog aggression, as well as anxiety and fear based behavior problems. Additional topics covered are housetraining, mouthing, barking, and preventing behavior problems. Obedience behaviors of sit, coming when called and walking on a leash will be introduced. This class is appropriate for puppies ages 2-4 months old. All dogs must have at least 2 rounds of vaccinations prior to class. If your dog has not yet received the second round of vaccines at the start of the session, please do not bring him/her to class. Humans may attend prior to administration of the 2nd round of vaccinations. Children training dogs must be at least 12 years old. No retractable leashes allowed. Please bring food to be used as training rewards to each class.

Ages 14+		Instructor: Ashley Trotter			
Activity#	Date	Day	Time	M/NM	
13496	1/8-2/12	Tu	6:00 - 6:50 PM	\$169/\$199	
13502	2/19-4/2	Tu	7:00 - 7:50 PM	\$169/\$199	
13503	4/9-5/21	Tu	6:00 - 6:50 PM	\$169/\$199	
13504	5/28-7/2	Tu	7:00 - 7:50 PM	\$169/\$199	

No Class: 3/26, 5/7

CREATIVE PAWS-DOG OBEDIENCE 101

Obedience 101 teaches the basics of obedience: sit, down, stand, Recall (coming when called), stay, and heel, everything your companion dog needs to know! Both verbal commands and hand signals will be used. Dogs of any age may take this class. Positive reinforcement techniques will be used, so please bring food rewards or a small toy with you to class. Children training dogs must be at least 12 years old. No retractable leashes allowed. Please bring food to be used as training rewards to each class.

Ages 14+		Instructor: Ashley Trotter			
Activity#	Date	Day	Time	M/NM	
13494	1/8-2/12	Tu	7:00 - 7:50 PM	\$169/\$199	
13499	2/19-4/2	Tu	6:00 - 6:50 PM	\$169/\$199	
13500	4/9-5/21	Tu	7:00 - 7:50 PM	\$169/\$199	
13501	5/28-7/2	Tu	6:00 - 6:50 PM	\$169/\$199	

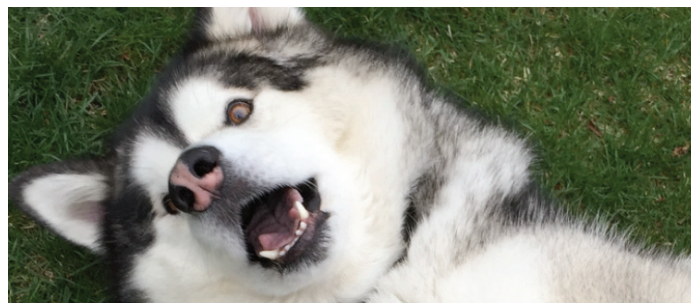
No Class: 3/26, 5/7

CREATIVE PAWS-DOG OBEDIENCE 102

Obedience 102 is focused on honing the skills of Obedience 101. Additional levels of difficulty and distractions will be added. Dogs of any age may enroll provided they have a basic knowledge of basic obedience commands: sit, down, recall (coming when called), stay, and heel. Children training dogs must be at least 12 years old. No retractable leashes allowed. Please bring food to be used as training rewards to each class.

Ages 14+		Instructor: Ashley Trotter			
Activity#	Date	Day	Time	M/NM	
13495	2/19-4/2	Tu	8:00 - 8:50 PM	\$169/\$199	
13505	5/28-7/2	Tu	8:00 - 8:50 PM	\$169/\$199	

No Class: 3/26



CREATIVE PAWS-DOG OBEDIENCE CANINE GOOD CITIZEN

CGC - Canine Good Citizen Prep Class & Test The Canine Good Citizen title is offered by the AKC, that can be attained by any dog regardless of breed or mix. The test is on the last night of class. All items must be passed to earn the title. The test items are:

1. Accepting a friendly stranger
2. Sitting politely for petting
3. Appearance and grooming (A friendly stranger examines the ears, front feet and run a brush down the dog's back).
4. Walking on a loose lead.
5. Walking through a crowd
6. Sit and down on command and staying in place
7. Coming when called
8. Reaction to another dogs walking politely with another handler and dog team, exchanging pleasantries and shaking hands with the handler while the dogs ignore each other.
9. Reaction to distraction including both a noise and a movement based distraction.
10. Supervised separation

(Children training dogs must be at least 12 years old.)

No retractable leashes allowed. Please bring food to be used as training rewards to each class.

Ages 14+		Instructor: Ashley Trotter			
Activity#	Date	Day	Time	M/NM	
13498	4/9-5/21	Tu	8:00 - 8:50 PM	\$169/\$199	

No Class: 5/7

CREATIVE PAWS-DOG OBEDIENCE RALLY

Rally is a fun spin on traditional obedience for both the dog and the handler. Rally is a sport in which ALL dogs are encouraged to participate. Dogs must have strong heeling skills to take this course. Obedience skills of sit, down, stand, stay, heeling, and coming when called will be worked on in the context of an obstacle course? of obedience exercises. Children training dogs must be at least 12 years old. No retractable leashes allowed. Please bring food to be used as training rewards to each class.

Ages 14+		Instructor: Ashley Trotter			
Activity#	Date	Day	Time	M/NM	
13497	1/8-2/12	Tu	8:00 - 8:50 PM	\$169/\$199	



Performing Arts

WINNETKA

Dan
CENTRE



SNOW QUEEN BALLERINA PARTY

Celebrate the season with the Snow Queen! Spend the morning being enchanted by her powers. Come dressed in your favorite ballerina or snow princess attire and be ready for dancing, singing, merriment, and snowflake and tiara making! Please bring a light peanut free snack.

Activity#	Age	Instructor	Date	Day	Time	M/NM
13639	4-8	Gwendolyn Britt	1/3	Th	10:00AM-12:00PM	\$39/\$49

FANTASY DANCE

Imagination, movement, dance and enchanting costumes combine to enhance your child's creativity and coordination. Classes incorporate basic ballet, French terminology, creative movement and motor skill development. Parent Observation Day will take place on the last day of the session for the last 15 minutes of class.

Activity#	Age	Instructor	Date	Day	Time	M/NM	No Class
WINTER							
13690	2.5 - 4	Gwendolyn Britt	1/7-3/18	M	1:00 -1:45 PM	\$299/\$349	N/A
13691	3 - 5	Gwendolyn Britt	1/7-3-18	M	1:45 -2:30 PM	\$299/\$349	N/A
13692	2.5 - 4	Gwendolyn Britt	1/8-3/19	Tu	1:45 -1:45 PM	\$299/\$349	N/A
13693	3 - 5	Gwendolyn Britt	1/8-3/19	Tu	1:45 -2:30 PM	\$299/\$349	N/A
13694	2.5 - 4	Gwendolyn Britt	1/9-3/20	W	9:30 -10:15 AM	\$299/\$349	N/A
13695	3.5 - 5	Gwendolyn Britt	1/9-3/20	W	0:15 -11:00 AM	\$299/\$349	N/A
13696	2.5 - 4	Gwendolyn Britt	1/10-3/21	Th	9:00 - 9:45 AM	\$299/\$349	N/A
13697	3.5 - 5	Gwendolyn Britt	1/10-3/21	Th	9:45 -10:30 AM	\$299/\$349	N/A
13698	2.5 - 4	Elyse Reynolds	1/11-3/22	F	9:00 - 9:45 AM	\$299/\$349	N/A
13699	3.5 - 5	Elyse Reynolds	1/11-3/22	F	9:45 -10:30 AM	\$299/\$349	N/A
13700	2.5 - 4	Gwendolyn Britt	1/11-3/22	F	1:00 -1:45 AM	\$299/\$349	N/A
13701	3 - 5	Gwendolyn Britt	1/11-3/22	F	1:45 - 2:30 PM	\$299/\$349	N/A
SPRING							
13702	2.5 - 4	Gwendolyn Britt	4/1-5/20	M	1:00 -1:45 PM	\$199/\$229	5/6
13703	3 - 5	Gwendolyn Britt	4/1-5/20	M	1:45 - 2:30 PM	\$199/\$229	5/6
13704	2.5 - 4	Gwendolyn Britt	4/2-5/28	Tu	1:00 -1:45 PM	\$229/\$269	5/7
13705	3.5 - 5	Gwendolyn Britt	4/2-5/28	Tu	1:45 - 2:30 PM	\$229/\$269	5/7
13706	2.5 - 4	Gwendolyn Britt	4/3-5/29	W	9:30 -10:15 AM	\$229/\$269	5/8
13707	4.3 - 5	Gwendolyn Britt	4/3-5/29	W	10:15 -11:00 AM	\$229/\$269	5/8
13708	2.5 - 4	Gwendolyn Britt	4/4-5/30	Th	9:00 - 9:45 AM	\$229/\$269	5/9
13709	3 - 5	Gwendolyn Britt	4/4-5/30	Th	9:45 -10:30 AM	\$229/\$269	5/9
13710	2.5 - 4	Elyse Reynolds	4/5-5/31	F	9:00 -10:30 AM	\$229/\$269	4/19
13711	3 - 5	Elyse Reynolds	4/5-5/31	F	9:45 -10:30 AM	\$229/\$269	4/19
13712	2 - 4	Gwendolyn Britt	4/5-5/31	F	1:00 -1:45 PM	\$229/\$269	4/19
13713	3 - 5	Gwendolyn Britt	4/5-5/31	F	1:45 -2:30 PM	\$229/\$269	4/19

Performing Arts

BALLET

Activity#	Class	Age	Instructor	Date	Day	Time	M/NM	No Class
13714	Tiny Tot Ballet	4-5	Gwendolyn Britt	1/7-5/13	M	3:00 - 4:00 PM	\$529/\$599	3/25, 5/6
13715	Tiny Tot Ballet	4-5	Gwendolyn Britt	1/8-5/14	Tu	3:00 - 4:00 PM	\$529/\$599	3/26, 5/7
13716	Tiny Tot Ballet	4-5	Elyse Reynolds	1/12-5/11	Sa	9:30 -10:30 AM	\$529/\$599	3/30
13717	Pre Ballet	5-6	Marc Nevins	1/7-5/13	M	4:00 - 5:00 PM	\$529/\$599	3/25, 5/6
13718	Pre Ballet	5-6	Gwendolyn Britt	1/7-5/13	M	5:00 - 6:00 PM	\$529/\$599	3/25, 5/6
13719	Pre Ballet	5-6	Gwendolyn Britt	1/8-5/14	Tu	4:00 - 5:00 PM	\$529/\$599	3/26
13720	Ballet 1	6-8	Gwendolyn Britt	1/7-5/13	M	4:00 - 5:00 PM	\$529/\$599	3/25, 5/6
13721	Ballet 1	6-8	Marc Nevins	1/8-5/14	Tu	4:00 - 5:00 PM	\$529/\$599	3/26, 5/7
13722	Ballet 2	7-9	Marc Nevins	1/8-5/14	Tu	5:00 - 6:00 PM	\$449/\$499	3/26, 5/7
13723	Ballet 2	7-9	Gwendolyn Britt	1/9-5/15	W	4:00 - 5:00 PM	\$529/\$599	3/27, 5/8
13724	Ballet 3/4	8-12	Gwendolyn Britt	1/8-5/14	Tu	5:00 - 6:00 PM	\$529/\$599	3/26, 5/7
13725	Ballet 4	8-14	Gwendolyn Britt	1/8-5/14	Tu	6:00 -7:00 PM	\$529/\$599	3/26, 5/7
13726	Teen Ballet	9-17	Gwendolyn Britt	1/9-5/15	W	6:00 -7:00 PM	\$529/\$599	3/27, 5/8
13767	Pre Pointe Ballet	9-17	Gwendolyn Britt	1/7-5/13	M	6:00 -7:00 PM	\$529/\$599	5/6
13727	Adult Ballet	18+	Marc Nevins	1/11-3/22	F	1:00 - 2:00 PM	\$299/\$349	
13728	Adult Ballet	18+	Marc Nevins	4/5-5/31	F	1:00 - 2:00 PM	\$229/\$269	4/19
13735	Continuing Ballet	18+	Marc Nevins	1/10-3/21	Th	1:30 - 2:45 PM	\$299/\$349	
13736	Continuing Ballet	18+	Marc Nevins	4/4-5/30	Th	1:00- 2:15 PM	\$229/\$269	5/9
13771	Dance Exercise	18+	Marc Nevins	1/8-3/19	Tu	9:30 -10:30 AM	\$269/\$335	
13772	Dance Exercise	18+	Marc Nevins	4/2-5/28	Tu	9:30 - 10:30 AM	\$199/\$245	5/7

TAP DANCE

Activity#	Class	Age	Instructor	Date	Day	Time	M/NM	No Class
13730	Tiny Tap	3-5	Elyse Reynolds	1/12-5/11	Sa	11:30 AM-12:15PM	\$449/\$499	3/30
13731	Tap 1	5-6	Elyse Reynolds	1/12-5/11	Sa	12:45 -1:30 PM	\$449/\$499	3/30
13732	Tap 2/3	7-12	Elyse Reynolds	1/12-5/11	Sa	1:30 -2:15 PM	\$449/\$499	3/30
13733	Teen Tap	12-15	Elyse Reynolds	1/12-5/11	Sa	3:30 -4:15 PM	\$449/\$499	3/30

HIP HOP

Activity#	Class	Age	Instructor	Date	Day	Time	M/NM	No Class
13729	Hip Hop	7-10	Elyse Reynolds	1/12-5/11	Sa	10:30 -11:30 AM	\$529/\$599	3/30

JAZZ

Activity#	Class	Age	Instructor	Date	Day	Time	M/NM	No Class
13737	Beginner Jazz	6-10	Marc Nevins	1/10-5/16	Th	4:00 - 5:00 PM	\$529/\$599	3/28, 5/9
13738	Jazz Improv	9-15	Marc Nevins	1/10-5/16	Th	4:00 - 5:00 PM	\$529/\$599	3/28, 5/9

MUSICAL THEATRE DANCE

Activity#	Class	Age	Instructor	Date	Day	Time	M/NM	No Class
13734	Musical Theatre Dance	9-13	Elyse Reynolds	1/12-5/11	Sa	2:30 - 3:30 PM	\$499/\$569	3/30

SPRING DANCE RECITAL

Tickets are needed for the Main Recital

SATURDAY, MAY 18, 2019

Mini Recital 1:30 PM

Main Recital Rehearsal 3:00 - 5:30 PM

SUNDAY, MAY 19, 2019

Main Recital 3:30 PM

(All classes except Fantasy Dance, Tiny Tap, Tiny Tot Ballet & Pre Ballet)

REQUIRED DANCE ATTIRE

Fantasy Dance, Tiny Tot Ballet, Pre Ballet: Light Pink leotard, tights, ballet slippers.

Ballet 1/2: Lavender leotard, pink tights and ballet slippers

Ballet 2: Lavender leotard, pink tights and ballet slippers

Ballet 3/4: Light blue leotard, pink tights and ballet slippers

Ballet 5: Black leotard, pink tights and ballet slippers Teen Ballet Black leotard, nude tights, mid length skirt and ballet slippers

Musical Theatre Dance: Girls Black leotard, nude tights, mid length skirt, jazz shoes or ballet slippers. Boys, black or white T-shirt and black athletic pants with jazz shoes.

Jazz: Leotard and jazz shoes

Tap: comfortable clothing and tap shoes

Hip Hop: Comfortable clothing

Please be advised that proper attire is required for all classes. Cost of the attire is not included in tuition.

Any child arriving to class later than 10 minutes will not be admitted. This is due to the safety of the child's body. In order to prepare their body for the class, the child must participate in the warm-up, held at the beginning of the class. If the child misses the warm-up, the possibility of injury is very high. Please note: You may only attend the day/time you are registered for. Makeup classes are not allowed.

Performing Arts



PIANO LESSONS

Learn how to play piano in a fun and creative way! Our unique approach is structured entirely around the student's needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind piano as well as the fundamentals. All ages are welcome. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.

Instructor: Top Note Music Academy

Ages: 4 - Adult

Activity#	Date	Day	Time	M/NM
13337	11/29-12/20	Th	3:00PM-8:00PM	\$148/\$185
13644	1/8-2/5	Tu	3:00PM-8:00PM	\$219/\$249
13648	1/9-2/6	W	3:00PM-8:00PM	\$219/\$249
13652	1/10-2/7	Th	3:00PM-8:00PM	\$219/\$249
13645	2/12-3/12	Tu	3:00PM-8:00PM	\$219/\$249
13649	2/13-3/13	W	3:00PM-8:00PM	\$219/\$249
13653	2/14-3/14	Th	3:00PM-8:00PM	\$219/\$249
13646	3/19-4/23	Tu	3:00PM-8:00PM	\$219/\$249
13650	3/20-4/24	W	3:00PM-8:00PM	\$219/\$249
13654	3/21-4/25	Th	3:00PM-8:00PM	\$219/\$249
13647	4/30-6/4/19	Tu	3:00PM-8:00PM	\$219/\$249
13651	5/1-6/5	W	3:00PM-8:00PM	\$219/\$249
13655	5/2-6/6	Th	3:00PM-8:00PM	\$219/\$249

ROCKSTAR

Let your child become a Rock Star! Each week, your child will learn about different rock/pop instruments such as guitar (acoustic & electric), electric bass, keyboards, violin, drums and percussion, as well as voice (using a microphone). Our fun "hands-on" approach will give your child a strong musical foundation, learning the theory behind music as well as the fundamentals. Our philosophy is to teach music on a multi-instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented college-graduate teachers creatively inspire all students to choose the instruments they would really like to learn.

Instructor: Top Note Music Academy

Ages: 4-7

Activity#	Date	Day	Time	M/NM
13668	1/8-3/12	Tu	4:00PM-4:45PM	\$279/\$329
13669	1/9-3/13	W	4:00PM-4:45PM	\$279/\$329
13670	3/19-6/4	Tu	4:00PM-4:45PM	\$279/\$329
13671	3/20-6/5	W	4:00PM-4:45PM	\$279/\$329

GUITAR LESSONS

This class is for beginner to advanced guitarists of all ages. Students of this course have learned: lead guitar, rhythm guitar, singing while playing, songwriting, improvising, how to figure out songs by ear, and much more! Students of this course have learned styles ranging from Pop, to Rock, Blues, Folk, Classical, Bossa Nova, Flamenco, and beyond. Let an experienced and versatile instructor guide you to reaching your musical goals. Trial lessons can be arranged upon request. Contact us today! Please bring your own guitar. All ages are welcome. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a lesson time.

Instructor: Top Note Music Academy

Ages 4 - Adults

Activity#	Date	Day	Time	M/NM
13620	1/9-3/13	W	3:00PM-9:00PM	\$399/\$449
13621	3/20-6/5	W	3:00PM-9:00PM	\$399/\$449





**Winnetka
Community
House**



Presents



Registration Opens 11/19 Members
Registration Opens 11/26 Non-Members
Rehearsals begin in January !

Showtime:
Week of April 29th

in
Matz Hall
620 Lincoln Ave
Winnetka IL 60093



Attendance is an essential component of a performance program. If two practices are missed, students may be reassigned. Arriving more than 30 minutes late/leaving early count as an absence. No make-up classes will be offered. Please help your child practice and memorize at home so your actor feels confident on stage. Please be prompt in arrival and dismissal times. All rehearsals are closed (no parents or guests watching). Actors are required to bring their scripts to every rehearsal. There will be no refunds after the first week of classes Monday, January 28th and Friday, February 1st.

For more information please e-mail skylinewinnetka@gmail.com or call (847) 769-8174 or (847) 707-1385

BEAUTY & THE BEAST AUDITION WORKSHOP

3...2...1...Action! What do I prepare for my audition? Have no fear, Skyline is here! Join the Directors of Skyline Studios to learn how to give a fabulous audition for Beauty and the Beast Jr. We will explore the essentials of a singing, dancing, and acting audition. No previous experience necessary, just a willingness to have fun! Must be registered for Broadway Stars Beauty and the Beast Jr. to participate in this audition workshop.

Ages 7-12

Activity#	Date	Day	Time	M/NM
13634	1/26	Sa	10:00AM-12:00PM	\$59/\$69

BROADWAY TOTS-BEAUTY AND THE BEAST JR.

An introduction to musical theatre! Broadway tots will explore the beginning fundamentals of theatre and working together to perform. Broadway Tots will act, sing and dance to well known Beauty and the Beast Jr. songs! Family and friends are invited to join us at the last class, May 2, to see these young stars shine!

Ages 3-5

Activity#	Date	Day	Time	M/NM
13635	2/7-5/2	Th	3:00PM- 3:45PM	\$279/\$329

BROADWAY JUNIORS-BEAUTY AND THE BEAST JR.

Calling all young actors... Are you ready to have your debut on stage? Join us in a wonderful and exciting journey as we explore musical theatre! All actors involved in this program will rehearse weekly to learn songs, scenes and dances from Beauty and the Beast Jr.! Each cast member will receive a rehearsal CD and script for practice at home. Get ready for a fabulous show! Broadway, here we come! All Broadway Juniors will perform in one show, time TBA, on Saturday, May 4.

Ages 5-7

Activity#	Date	Day	Time	M/NM
13636	2/7-4/25	Th	4:00PM-5:00PM	\$299/\$349

BROADWAY STARS-BEAUTY AND THE BEAST JR.

Join Skyline Studios and let your creativity take flight in Beauty and the Beast Jr.! Jump into a magical world of musical theatre by exploring acting, singing and choreography in preparation for the show. By the end of class, you will be ready to take center stage and shine as one of the stars in Beauty and the Beast Jr. Each cast member will receive a rehearsal CD and script for practice at home. All actors involved in the Broadway Stars will have a chance to perform on stage at Winnetka Community House. Performance dates (actors will perform in one show) April 29-May 5, 2019.

Ages 7-12

Activity#	Date	Day	Time	M/NM
13637	1/28-4/22	M	4:00 - 6:00PM	\$369/\$429
13638	2/1-4/26	F	4:00 - 6:00PM	\$369/\$429



Thank you

2018 Sponsors

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PREVIEW PARTY SPONSOR,
THE CHALLENGER FAMILY

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CAROL AND JIM HANSON
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BRINGING YOUR EVENTS TO *life*™



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Winnetka
Community
House

CHRISTOPHER CARTER

MENTALIST

*Join friends and family for a fun
evening to benefit Winnetka
Community House!*

**BLOW.
YOUR.
MIND.**

**JANUARY 26TH, 2019, 6:30 - 10PM
WINNETKA COMMUNITY HOUSE**



Winnetka
Community
House

Join us for an
evening filled with
good friends,
food and drinks!

**WINNETKA
COMMUNITY HOUSE**

WINE & BEER

TASTING



Friday,
February 22, 2019
6:30 - 9:00 PM
620 Lincoln Ave

Performing Arts

MUSICAL THEATRE DANCE

Elyse Reynolds teaches a spectacularly fun class that includes strengthening toning, dance technique and fabulous choreography drawn from our rich American musical theatre history, including shows as Chicago, Chorus Line, Lion King, West Side Story and Guys and Dolls. Learn audition skills and a variety of dance styles used in musical theatre. Come try this fantastic class.

Grades 4th-8th

Activity#	Date	Day	Time	M/NM
13734	1/12-5/11	Sa	2:30-3:30 PM	\$499/\$569

PRIVATE VOICE LESSONS

Learn how to SING in a fun creative way! Our unique approach is structured entirely around the student's needs. Regardless of age or skill level, we educate our students with a strong musical foundation, learning the theory behind their voice as well as the fundamentals. Our philosophy has always been to teach music to children on a multi instrumental level, allowing our students to thrive musically on various instruments while building their confidence. Our talented, college-graduate teachers creatively inspire all students to choose the instrument(s) they would really like to learn. Our goal is to educate our community of children and adults with the gift of music. Lessons are 30 minutes long. Students will be contacted by the instructor to arrange a time.


Instructor: Top Note Music Academy

Ages: 4 - Adult

Activity#	Date	Day	Time	M/NM
13346	11/29-12/20	Th	3:00-8:00PM	\$219/\$249
13656	1/8-2/5	Tu	3:00-8:00PM	\$219/\$249
13660	1/9-2/6	W	3:00-8:00PM	\$219/\$249
13664	1/10-2/7	Th	3:00-8:00PM	\$219/\$249
13657	2/12-3/12	Tu	3:00-8:00PM	\$219/\$249
13661	2/13-3/13	W	3:00-8:00PM	\$219/\$249
13665	2/14-3/14	Th	3:00-8:00PM	\$219/\$249
13658	3/19-4/23	Tu	3:00-8:00PM	\$219/\$249
13662	3/20-4/24	W	3:00-8:00PM	\$219/\$249
13666	3/21-4/25	Th	3:00-8:00PM	\$219/\$249
13659	4/30-6/4	Tu	3:00-8:00PM	\$219/\$249
13663	5/1-6/5	W	3:00-8:00PM	\$219/\$249
13667	5/2-6/6	Th	3:00-8:00PM	\$219/\$249



2017 "Hello Dolly"
Children's Theatre of Winnetka




Winnetka
Community
House

children's theatre of winnetka

Auditions for THE WIZARD OF Oz

*Come to our
Audition Clinic
for never-been-cast
children!*



Auditions: January 13th OR 14th
Callbacks: January 16th AND 17th
Performances April 25th - 28th

For more information, clinic registration,
and audition materials, visit:

ChildrensTheatreWinnetka.com

Auditions open to children grades 4-8 who reside
or attend school in New Trier Township.

CTW is a program of Winnetka Community House

MATT WILHELM



**"America's Got Talent"
Semi-Finalist**

**"30 Seconds to Fame"
\$25,000 Winner**

**World Championship
Silver Medalist**

3-Time X Games Medalist

2-Time National Champion

**America's
got Talent**

CN
CARTOON NETWORK

X
GAMES

COMING SOON!



Winnetka
Community
House

Where: The Community House 620 Lincoln Ave

When: Monday, February 19th 10:00 AM

\$10 In advance

\$15 at the door

winnetkacommunityhouse.org

Sports and Fitness

WINNETKA COMMUNITY HOUSE

Youth Basketball League



WCH YOUTH BASKETBALL LEAGUE

If you have a first through third grade boy or girl interested in playing basketball against other area players and don't want the hassle of traveling to a different location for every game, then this program is for you! Participants will learn fundamental skills through weekly practice and games. Adult volunteers coach all teams. First grade games will have youth size basketballs and eight foot basketball rims. Second and third graders will have youth sizes basketballs and nine foot basketball rims (full court play and score kept for third graders). All games will have staff referees and timekeepers.

All participants will receive a team t-shirt and commemorative basketball!

1. Teams will be established according to school (Crow Island, Greeley, Hubbard Woods, Sacred Heart, Faith Hope, North Shore Country Day and more), and there will not be an evaluation. When filling out your registration form, please remember to insert your child's/children's school. If not, placement on a particular school team cannot be guaranteed. If there are more than 10 children from a school, multiple teams will be formed. If there are too few children from one school, children will be placed on a team according to village residence. Requests will not be taken due to the number of children in this program.
2. Each team will have a one hour practice during the week. Times will be assigned at a later date, which will be between Monday and Friday, 5:00 - 8:00 PM. There will be two weeks of practice before the first game.
3. Games will be held on Saturdays. Time, assigned at a later date, will be sometime between 10:00 AM and 6:00 PM.
4. Team information including roster, practice time, game times, coach, etc. will be available on or before December 7, 2018, at quickscores.com/wch.

ACTIVITY

Youth Basketball 1st Grade
Youth Basketball 2nd Grade
Youth Basketball 3rd Grade

ACTIVITY# DATE

13209 1/7-3/9
13210 1/7-3/9
13211 1/7-3/9

M/NM

\$370/\$444
\$370/\$444
\$370/\$444



ALL PARTICIPANTS RECEIVE A T-SHIRT AND BASKETBALL!



YOUTH BASKETBALL COACHES REGISTRATION AND INFORMATION

Are you a basketball enthusiast who would like to pass on your skills and knowledge of the game? Winnetka Community House is looking for adult volunteers to coach in the Youth Basketball Program for first through third graders. There will be a coaches meeting on Monday, December 3. If you are interested in coaching, please fill out the bottom of this page and return it to Program Manager, Jeff Wahl. You may also fill out the coaching form at quickscores.com/wch. There is a maximum of two coaches per team.

There will be no guarantee of coaching partner or coaching opportunity.

Who: Adult Volunteers Needed

Where: Winnetka Community House Gymnasium

When: January 7–March 9, Practice and games held once a week (days to be arranged). All games held on Saturday.

Practices held Monday–Friday after school and evenings.

Name: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email: _____

☐ Ok to publish in handouts to participants?

Child/children's name(s): _____ Circle grade you would like to coach: 1 2 3

Have you coached at the Winnetka Community House before? Y N

Would like to coach with (maximum of two coaches per team): _____

Sports and Fitness

HOOPS4HEALTH LITTLE BALLERS

Get ready for this exciting opportunity to get your kids feet wet and help develop their love of the game of basketball from an early age. Learn the fundamentals of the sport through dribbling and ball handling helping develop basic motor skills and hand-eye coordination. Nurture your child's love of basketball, fitness and play with this exciting program!

Ages 4-6

Activity#	Date	Day	Time	M/NM
13516	1/11-3/22	F	1:00-1:45PM	\$279/\$329
13528	4/5-6/7	F	1:00-1:45PM	\$229/\$269

No Class: 5/3

HOOPS4HEALTH LITTLE BALLER CLINIC

Our basketball clinic will help the beginner and advanced basketball player. Each week will cater to different fundamental basketball skills, including Shooting, Dribbling, Passing, Rebounding, and Defense. We will focus on the importance of ball movement and sportsmanship. Our professional staff has worked with kids of all ages and skill levels. There will be games and prizes throughout the clinic. We will also develop how to play in 5 on 5 games while using proper spacing and teamwork. Our goal is that each player comes out with a better understanding of how to play the game and develop the fundamental basketball skills necessary to excel at basketball. Register two or more children, from the same family, and receive 10% off (not available online, must register in person at WCH front desk). Daily Rate: \$30 (not available online, must register in person at WCH front desk - receipt must be shown to instructor prior to class)

Ages: JK-1st Grade

Activity#	Date	Day	Time	M/NM
13517	1/8-3/19	Tu	4:00-5:00PM	\$279/\$329
13518	1/10-3/21	Th	4:00-5:00PM	\$279/\$329
13526	4/2-6/4	Tu	4:00-5:00PM	\$229/\$269
13527	4/4-6/6	Th	4:00-5:00PM	\$199/\$229

No Class: 5/2, 5/7, 5/9

HOOPS4HEALTH THANKSGIVING CAMP

Our Clinic will feature drills that focus on ball handling, passing, hand/eye coordination, defense, and shooting skills. The clinic will feature over 10 drills that improve shooting and dribbling that the players can do at home as well. The session will conclude with scrimmage games. Players should bring their own ball.

Ages: JK- 1st Grade or 2nd -12th

Activity#	Date	Day	Time	M/NM
13226	11/21-11/23	W,F	1:00-2:30PM	\$48/\$60
13227	11/21-11/23	W,F	12:00-1:00PM	\$48/\$60

HOOPS4HEALTH SPRING BREAK CAMP

In this camp we will work on all the fundamental basketball skills necessary to becoming an all around solid player. Campers will be developing good training and fundamental habits while learning drills that can be used at home. Skills we will be teaching include defense, dribbling, rebounding, shooting, screening, and more. There will be many fun and challenging drills, games, and contests. Each sessions will focus on a different skill and will finish with applying these skills in 5 on 5 games which will be played at the end of every camp day. Fundamentals covered include Triple Threat Stance, proper shooting form, moving/cutting without the ball, defense, passing, rebounding, and dribbling. Contests and prizes Each session ends with scrimmage games. Game situation drills. Mental Aspect of the Game, sportsmanship, positive attitude, off court maintenance, healthy lifestyle

Ages: JK - 1st or 2nd - 12th

Activity#	Date	Day	Time	M/NM
13524	3/25-3/29	M,Tu,W,Th,F	1:00-2:00PM	\$155/\$179
13525	3/25-3/29	M,Tu,W,Th,F	2:00-3:30PM	\$155/\$179

HOOPS4HEALTH



HOOPS4HEALTH MLK DAY CLINIC

Get ready for this exciting opportunity to get your kids feet wet and help develop their love of the game of basketball from an early age. Learn the fundamentals of the sport through dribbling and ball handling helping develop basic motor skills and hand-eye coordination. Nurture your child's love of basketball, fitness and play with this exciting program!

Ages: JK - 1st or 2nd -12th

Activity#	Date	Day	Time	M/NM
13520	1/21	M	12:00-1:00PM	\$35/\$39
13521	1/21	M	1:00-2:30PM	\$35/\$39

HOOPS4HEALTH PRESIDENTS DAY CAMP

Activity#	Date	Day	Time	M/NM
13522	2/18	M	12:00-1:00PM	\$35/\$39
13523	2/18	M	1:00-2:30PM	\$35/\$39



Winnetka
Community
House

Family Bingo Night January 25th

Old and young will enjoy this family favorite, complete with beverages, popcorn, and prizes!
Extra Bingo Cards will be available for purchase. Friday, January 25th 6:30-8:00 p.m.
\$10 a person and \$1 for each additional Bingo Card



Winnetka
Community
House



Friday March 1
5:30pm

win a
DREAM
vacation
to Italy!

#1 played game show in the USA

The educator created game show, Wheel of Wisdom, tours America encouraging students to have fun and be passionate about learning. Currently over 7,000 shows and 500,000 players! Kids never forget their real life experience of shining in the spotlight! wheelofwisdom.com

Tickets: \$10 Advance \$15 at the door eventbrite.com



Sports and Fitness

HOT SHOTS SPORTS: ADULT-TOT MOVEMENT & TUMBLING

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. (Adult Participation Required)

Ages: 1.5-3

Activity#	Date	Day	Time	M/NM
13545	1/7-3/18	M	9:45-10:30AM	\$229/\$269
13546	1/10-3/21	Th	10:30-11:15AM	\$279/\$329
13547	1/12-3/23	Sa	9:00-9:45AM	\$279/\$329
13584	4/1-6/3	M	9:45-10:30AM	\$219/\$249
13585	4/4-6/6	Th	10:30-11:15AM	\$219/\$249
13586	4/6-6/8	Sa	9:00-9:45AM	\$169/\$199

No Class: 1/21, 2/18, 4/20, 5/2, 5/4,5/6, 5/27, 5/9, 5/25, 5/27

HOT SHOTS SPORTS PRE-K TOTAL SPORTS ENRICHMENT

In this program, kids will participate in multiple sports while getting the opportunity to acclimate to Full Day Kindergarten. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. Enrichment can also serve as an extension to the Hot Shots Sports Lunch and Play Classes! Pick up from the neighboring Nursery school is available for those participating in Nursery School Enrichment programs as well. Not part of a school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play!

Ages 3-5

Activity#	Date	Day	Time	M/NM
13541	1/8-3/19	Tu	1:30-2:30PM	\$399/\$469
13543	1/10-3/21	Th	1:30-2:30PM	\$399/\$469
13574	4/2-6/4	Tu	1:30-2:30PM	\$349/\$399
13575	4/4-6/6	Th	1:30-2:30PM	\$299/\$349

No Class: 5/2, 5/7, 5/9

HOT SHOTS SPORTS PRE-K EXTENDED PLAY

Ages 3-5

Activity#	Date	Day	Time	M/NM
13539	1/7-3/18	M	1:30-3:30PM	\$429/\$469
13540	1/9-3/20	W	1:30-3:30PM	\$529/\$619
13572	4/1-6/3	M	1:30-3:30PM	\$399/\$449
13573	4/3-6/5	W	1:30-3:30PM	\$429/\$499

No Class: 1/21, 2/18, 5/6, 5/8

HOT SHOTS KINDERGARTEN TOTAL SPORTS ENRICHMENT

A step up from our Pre-K Enrichment program, kids will participate in multiple sports while getting the opportunity to receive the afterschool sports experience. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting, while improving upon existing skills and fundamentals. Not part of the Full Day Kindergarten school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play!

Ages 4-6

Activity#	Date	Day	Time	M/NM
13558	1/7-3/18	M	2:30-3:30PM	\$349/\$399
13560	1/8-3/19	Tu	4:00-5:00PM	\$399/\$469
13559	1/9-3/20	W	2:30-3:30PM	\$399/\$469
13576	4/1-6/3	M	2:30-3:30PM	\$299/\$349
13577	4/2-6/4	Tu	4:00-5:00PM	\$349/\$399
13578	4/3-6/5	W	2:30-3:30PM	\$349/\$399

No Class: 1/21, 2/18, 5/6, 5/7, 5/8, 5/27



HOT SHOTS SPORTS: STRIKER TOT SOCCER-SWEEPERS

Striker Tots Soccer is for young players who are looking for the perfect early soccer experience. Our specially designed curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, and make soccer fun. **Trappers** introduces the fun and excitement of soccer. This class uses age appropriate games and drills to promote motor skills and familiarity with a soccer ball. Through our fun games and adventure themed activities, players develop skills such as balance, shooting, close ball control, and trapping. The Trappers experience is one that not only instills a love for the game of soccer, but also shows the importance of sports activity to promote a full and healthy life. The focus of the **Sweepers** classes is FUNDamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, defensive stance, and much more; all while participating in our fun games and adventure themed activities.

Ages 2-5

Activity#	Date	Day	Time	M/NM
Sweepers				
13556	1/11-3/22	F	4:00-4:45PM	\$279/\$329
13601	4/5-6/7	F	4:00-4:45PM	\$229/\$269
Trappers				
13557	1/9-3/20	W	9:45-10:30AM	\$279/\$329
13600	4/3-6/5	W	9:45-10:30AM	\$229/\$269

No Class: 5/3, 5/8

Sports and Fitness

HOT SHOTS SPORTS ATHLETIC EXPLOSION BOOTCAMP

This Hot Shots Sports "Bootcamp" provides students with the skills, knowledge and confidence to lead physically active lives. All activities are designed to improve motor skills, muscular strength and endurance, flexibility, body composition and cardiovascular endurance. The curriculum consists of a variety of sports, movement, balance and strength building activities. These activities are all designed to promote maximum participation from the students, regardless of skill level or prior sport experience.

Ages 7-9

Activity#	Date	Day	Time	M/NM
13548	1/8-3/19	Tu	5:00-6:00PM	\$399/\$469
13602	4/2-6/4	Tu	5:00-6:00PM	\$349/\$399

No Class: 5/7

HOT SHOTS SPORTS MINI NINJA WARRIORS

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement-based class uses age-appropriate activities and equipment to enhance the child's physical, mental, emotional and social development. In addition, participants acquire listening skills and have a fun introduction to following directions.

Ages 4-6

Activity#	Date	Day	Time	M/NM
13550	1/10-3/21	Th	4:00-5:00PM	\$399/\$469
13596	4/4-6/6	Th	4:00-5:00PM	\$299/\$349

No Class: 5/2, 5/9

HOT SHOTS SPORTS JR. MINI NINJA WARRIORS

Take everything you learned from Mini Ninja Warriors and test your skills with even more difficult obstacles and exercises specifically designed for balance and coordination, as well as physical and emotional development. Put your Ninja skills to the test in this fun movement-based class.

Ages 7-9

Activity#	Date	Day	Time	M/NM
13549	1/10-3/21	Th	5:00-6:00PM	\$399/\$469
13597	4/4-6/6	Th	5:00-6:00PM	\$299/\$349

No Class: 5/2, 5/9

HOT SHOTS SPORTS: SPORTS AND MORE

Learn the basic skills of America's most popular sports: Football, Soccer, Basketball, Baseball, Hockey and more. Players will learn how to work together and be good teammates, as well as learn discipline and build self-esteem.

Ages 3-5

Activity#	Date	Day	Time	M/NM
13553	1/9-3/20	W	3:30-4:15PM	\$279/\$329
13551	1/11-3/22	F	1:45-2:30PM	\$279/\$329
13552	1/12-3/23	Sa	10:30-11:30AM	\$399/\$469
13581	4/3-6/5	W	3:30-4:15PM	\$229/\$269
13582	4/5-6/7	F	1:45-2:30PM	\$229/\$269
13583	4/6-6/8	Sa	10:30-11:30AM	\$259/\$299

No Class: 4/20, 5/3, 5/4, 5/8, 5/25

HOT SHOTS SPORTS: SPORTS AND MORE EXTENDED PLAY

Ages 3-5

Activity#	Date	Day	Time	M/NM
13554	1/8-3/19	Tu	10:00-11:30AM	\$499/\$569
13555	1/11-3/22	F	9:45-11:15AM	\$499/\$569
13579	4/2-6/4	Tu	10:00-11:30AM	\$399/\$469
13580	4/5-6/7	F	9:45-11:15AM	\$399/\$469

No Class: 5/3, 5/7



HOT SHOTS SPORTS INTRO TO GYMNASTICS

This introductory course will expose participants to the basics of gymnastics, working on balance and how to control their core and form. Participants will learn on how to properly invert themselves and do so in a safe a controlled manner, while also working on basic technique. The will be no specific focus on any one aspect of gymnastics, but a broad study of what it takes to be a gymnast.

Join Today!

Ages 4-6

Activity#	Date	Day	Time	M/NM
13538	1/9-3/20	W	4:15-5:00PM	\$279/\$329
13594	4/3-6/5	W	4:15-5:00PM	\$229/\$269

No Class: 5/8

HOT SHOTS SPORTS GYMNASTICS 101

This intermediate class will work great for both beginners and those with a solid foundation of gymnastics form and technique. Participants will focus on developing control and balance while learning more advanced concepts on how to control the body during handstands, handsprings, and cartwheels. Kids will be exposed to a general knowledge of all the different events involved in gymnastics, and how each event requires a different skill set.

Ages 7-9

Activity	Date	Day	Time	M/NM
13535	1/9-3/20	W	5:00-6:00PM	\$399/\$469
13595	4/3-6/5	W	5:00-6:00PM	\$349/\$399

No Class: 5/8

Sports and Fitness

ADULT-TOT SPORTS

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. (Adult Participations Suggested)

Ages 2-4

Activity#	Date	Day	Time	M/NM
13529	1/7-3/18	M	10:30-11:15AM	\$229/\$269
13530	1/10-3/21	Th	9:45-10:30AM	\$279/\$329
13531	1/12-3/23	Sa	9:45-10:30AM	\$279/\$329
13587	4/1-6/3	M	10:30-11:15AM	\$219/\$249
13588	4/4-6/6	Th	9:45-10:30AM	\$219/\$249
13589	4/6-6/8	Sa	9:45-10:30AM	\$169/\$199

No Class: 1/21, 2/18, 4/20, 5/2, 5/4 5/6, 5/9, 5/25, 5/27

LUNCH & PLAY

Children are introduced to a variety of sports including soccer, t-ball, basketball, football, kickball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his or her growth socially through teamwork and good sportsmanship. Kids should bring a lunch and come and play. Win-netka Community Nursery School pick-up available at 11:15am!

Ages 3-5

Activity#	Date	Day	Time	M/NM
13561	1/7-3/18	M	11:30AM-1:00PM	\$399/\$469
13563	1/9-3/20	W	11:30AM-1:00PM	\$499/\$569
13570	1/11-3/22	F	11:30AM-1:00PM	\$499/\$569
13562	4/1-6/3	M	11:30AM-1:00PM	\$369/\$429
13569	4/3-6/5	W	11:30AM-1:00PM	\$399/\$469
13571	4/5-6/7	F	11:30AM-1:00PM	\$399/\$469

PICKLEBALL

This class is designed to teach players the fundamentals to pickleball. Players learn the rules, parts of the court, grips, strokes and strategy. Each class is designed to promote good sportsmanship and teamwork. Parents are encouraged to join in on the fun and play alongside their little ones!

Instructor: Hot Shots Sports

Ages 3-5

Activity#	Date	Day	Time	M/NM
13564	1/10-3/21	Th	11:15AM-12:00PM	\$279/\$329
13590	4/4-6/6	Th	11:15AM-12:00PM	\$219/\$249

No Class: 5/2, 5/9

GO FOR IT! GIRLS MULTI SPORT CLINIC

This multi-sport program allows participants to try new skills and achieve goals in an environment tailored for girls. Participants are taught fundamentals as well as basic skill development in a variety of sports. Games encourage team play and interaction in a safe and active setting encouraging physical fitness and teamwork. Sports featured: Basketball, Softball, Volleyball and Soccer.

Ages 4-9

Activity#	Date	Day	Time	M/NM
13532	1/7-3/18	M	4:00-5:00PM	\$349/\$399
13533	1/7-3/18	M	5:00-6:00PM	\$349/\$399
13591	4/1-6/3	M	4:00-5:00PM	\$299/\$349
13592	4/1-6/3	M	5:00-6:00PM	\$299/\$349

No Class: 1/21, 2/18, 5/6, 5/27



FENCING

The Olympic sport of fencing demands a blend of tactical and strategic thought and a physical execution of those decisions. This has led many to describe the sport as "physical chess." Fencing also teaches balance and discipline and even more than this, it's fun!

This class is for those new to fencing or those who would like to work on the basic skills. This class will cover basic rules, etiquette, basic footwork, attacks and defenses. Classes will consist of warm up time, footwork time, group lesson and bouting. All equipment is provided.

Ages 7 +

Activity#	Date	Day	Time	M/NM
13473	1/9-2/13	W	5:00-6:00PM	\$279/\$329
13474	2/20-3/20	W	5:00-6:00PM	\$229/\$269
13475	4/3-5/1	W	5:00-6:00PM	\$229/\$269
13476	5/15-6/5	W	5:00-6:00PM	\$199/\$229

Gym Drop-In - Tot Time

Are you looking for a place to meet new friends and have your toddler exercise and run-off their energy?

Tot Time is the place to do it. We have a bouncy house, hoops, balls, scooters and much more for your child to use. Participants must wear gym shoes. No food allowed. Parents or caregivers must remain with children.

January 9-June 5

Closed March 26, 27, May 7, 8

Tuesday 11:45 AM – 1:15 PM

Wednesday 10:45 AM – 12:15 PM

Ages: Infant–5

\$5 per child

Sports and Fitness

BETTER WITH AGE-SENIOR STRENGTH

NEW

This class aims to promote healthy aging by integrating specific exercise techniques that help to maintain joint mobility, muscular strength and endurance. Research has proven that exercise can aid in fighting some of the neurological and psychological changes of aging. In addition, it improves reflex time and helps stave off age-related memory loss. This class will include various fitness methodologies such as strength training, balance exercises, low intensity cardiovascular training, stretching and breathing techniques to maximize the aging body's health and performance. As with any exercise program, medical clearance from a physician is strongly suggested prior to participation in this class.

Instructor: Taylor Matthews

Activity#	Date	Day	Time	M/NM
13642	1/9-3/20	W	11:00AM-12:00PM	\$259/\$299

PILATES: BEGINNER

The Pilates Method is a classic method of physical and mental conditioning created over 80 years ago by legendary physical trainer Joseph Pilates. Through exercises that focus on the application of six principles: control, centering, concentration, precision, breath and flow, we teach you about the mechanics of movement, allowing you to develop and maintain a healthy and graceful body.

Instructor: Nicole Betts

Ages 14 and up

Activity#	Date	Day	Time	M/NM
13510	1/7-3/20	M, W	9:45-10:30AM	\$499/\$569
13511	4/1-6/5	M, W	9:45-10:30AM	\$369/\$429
No Class: 5/6, 5/8, 5/27				

PILATES: CONTINUING

The Pilates Method is a classic method of physical and mental conditioning created over 80 years ago by legendary physical trainer Joseph Pilates. Through exercises that focus on the application of six principles: control, centering, concentration, precision, breath and flow, we teach you about the mechanics of movement, allowing you to develop and maintain a healthy and graceful body.

Instructor: Nicole Betts

Ages 14 and up

Activity#	Date	Day	Time	M/NM
13512	1/7-3/20	M, W	9:00-9:45AM	\$499/\$569
13513	4/1-6/5	M, W	9:00-9:45AM	\$369/\$429
No Class: 5/6, 5/8, 5/27				

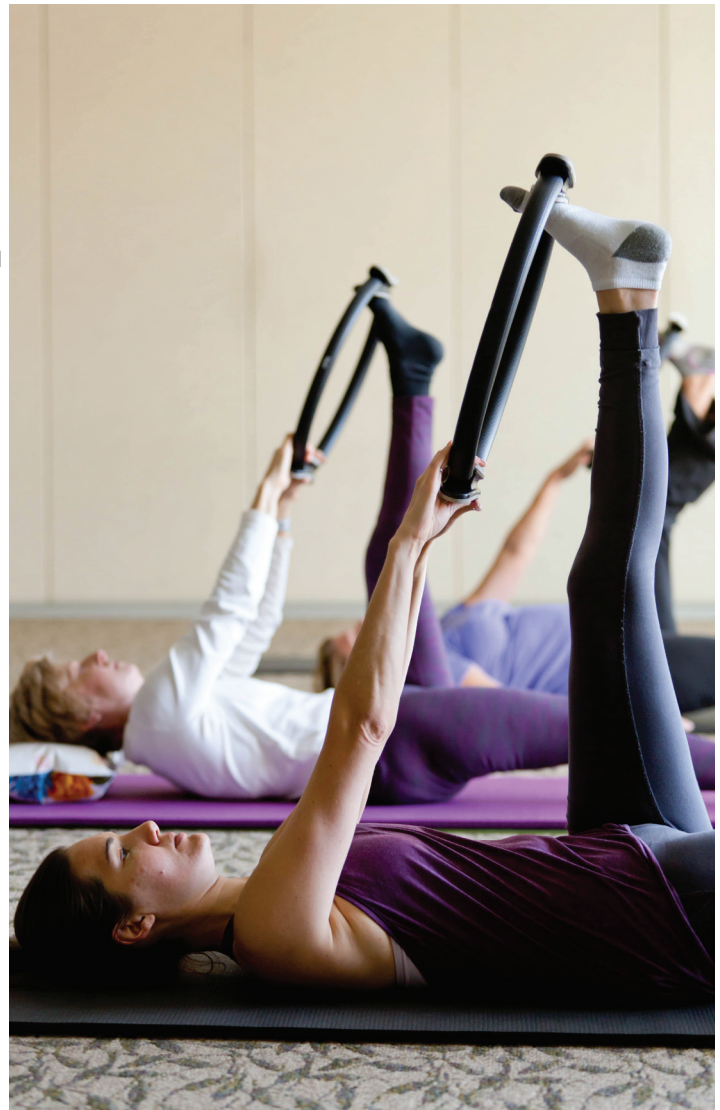
PRE/POST NATAL FITNESS

NEW

Research shows that fitter moms have shorter labors, less chance of preterm labor, fewer complications, shorter hospital stays and a much quicker recovery postpartum. This class includes a carefully curated assortment of exercise techniques that are ideal for mothers-to-be and mothers that have recently delivered. The class combines strength training, yoga, Pilates, cardio and breathing techniques that are ideal for pre and post-natal fitness. This class is a wonderful opportunity to strengthen the body and connect with other women. Babies are welcome to attend this class. Please bring an infant carrier and any other items that you may want to keep your wee one happiest for the duration of the class.

Instructor: Taylor Matthews

Activity#	Date	Day	Time	M/NM
13640	1/9-3/20	W	9:45-10:45AM	\$259/\$299



IMPROVE YOUR POSTURE

This interactive workshop will keep you engaged and active, focusing on improving your posture and health. Some of the many benefits of having correct posture are less pain from tension headaches, better sleep, increased mobility, and better breathing. You will learn why proper posture is essential for your health. Finally, you will also get an individualized digital posture analysis with before and after results to gauge your improvements.

Instructor: Ricard Boerjesson

Ages 18 +

Activity#	Date	Day	Time	M/NM
13506	1/15-2/19	Tu	1:00-1:45PM	\$149/\$169
13507	4/1-5/13	M	1:00-1:45PM	\$149/\$169
No Class: 5/6				

Sports and Fitness

SPEED AND AGILITY CLINIC

Compare athletes of today to those 20 years ago and you'll notice not only are today's athletes bigger and stronger, but they are also faster and quicker. In this clinic, athletes from any sport will acquire a quicker step and more agile feet. Clinics will begin with dynamic stretching which increases mobility, balance and flexibility. Then, athletes will go through a variety of drills and challenges to enhance their conditioning, footwork, flexibility, coordination and agility.

Instructor: Hot Shots Sports

Ages 8-10

Activity#	Date	Day	Time	M/NM
13565	1/12-3/23	Sa	12:30-1:30PM	\$399/\$469
13593	4/6-6/8	Sa	12:30-1:30PM	\$259/\$299

No Class: 4/20, 5/4, 5/25

TOTAL SPORTS

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children will acquire new skills and develop confidence in games they have played in previous classes.

Instructor: Hot Shots Sports

Ages 5-7

Activity#	Date	Day	Time	M/NM
13566	1/11-3/22	F	4:45-5:30PM	\$279/\$329
13567	1/12-3/23	Sa	11:30AM-12:30PM	\$399/\$469
13598	4/5-6/7	F	4:45-5:30PM	\$229/\$269
13599	4/6-6/8	Sa	11:30AM-12:30PM	\$259/\$299

No Class: 4/20, 5/3, 5/4, 5/25

U5 & U6 SIMON'S SCOTTISH SOCCER SCHOOL

SOCCER PRACTICE & SATURDAY GAMES

Players will train with Simon for 1 hour. Work on a new soccer theme each week taken from the Scottish Soccer Academy's very unique curriculum. All U5 & U6 players are invited to our winter small sided game league on Saturday mornings. Ages for classes open to any player born in 2013 & 2014 (U5 & U6)

Instructor: Scottish Soccer Academy

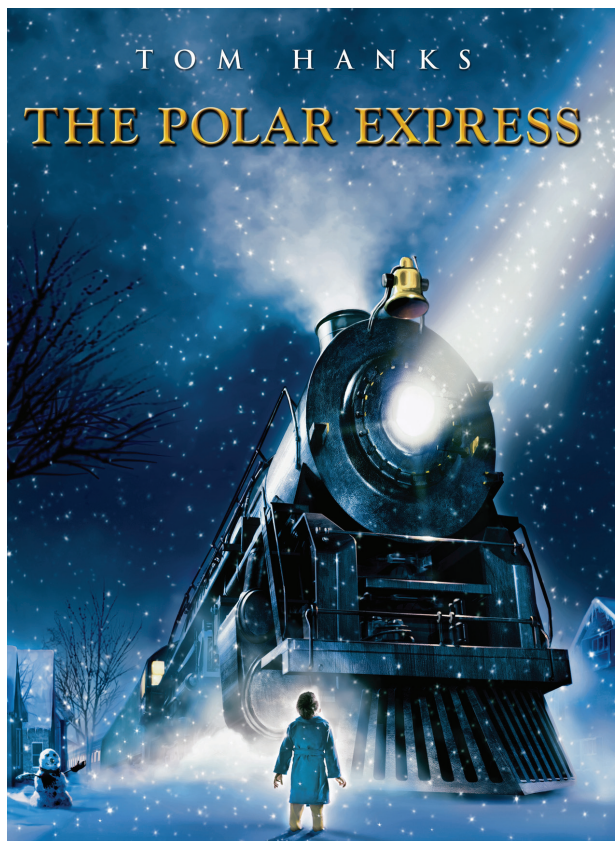
Ages 4-6

Activity#	Date	Day	Time	M/NM
13461	1/9-3/9	W	3:45-4:45PM	\$299/\$349
		Sa	8:30-9:30AM	
13462	1/11-3/9	F	3:45-4:45PM	\$299/\$349
		Sa	8:30-9:30AM	



Winnetka
Community
House

Presents Family Movie Night...



Bring the entire family for hot chocolate, cookies, and more while you watch
The Polar Express at the Community House!
Cozy up in your PJs and kick off the Christmas season with us.

Friday, December 14

6:30pm

\$15 Advance per person

\$20 At the Door per person



Whether you want to buy, sell or have your bike appraised to sell, you will get your chance at our annual bike sale. Sellers: A Wilmette Bicycle Shop representative will be available beginning at 8:30 AM. to evaluate the condition of your bicycles and suggest repairs. A 25% service charge, based on sale price, will be donated to the Community House. The Bike Sale will be held rain or shine on the Community House Front Lawn.

Bicycle drop-off (sellers): 8:30–9:30 AM Bike Sale (buyers): 9:30–10:30 AM

PICKLEBALL

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a wiffle ball, over a net. The sport shares features of other racquet sports, the dimensions and layout of a badminton court, and a net and rules similar to tennis, with a few modifications. Pickleball was invented in the mid-1960s as a children's backyard pastime but has become popular among adults as well.

Wednesday's, January 9-June 5
Closed: March 27, May 8
8:30 – 10:30 AM
\$5/person drop-in fee
WCH Gymnasium



Martial Arts



Participants are carefully initiated into this class which focuses on alertness of mind, self-control and mental strategies to meet life challenges. Traditional Karate is a martial art which emphasizes the principles and applications of weaponless self-defense through the use of total body dynamics and mental discipline. Students will constantly strive for technical excellence and enhancement of one's character. Uniforms, belt tests and tournaments are optional and available at additional costs.

INTRODUCTION TO KARATE

This class will introduce students with little or no Karate experience to the traditional Japanese martial art of Karate.

INTRODUCTION TO KARATE: PEE WEE KARATE

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 4-5	
Activity#	Date	Day	Time	M/NM
13480	1/17-3/14	Th	3:40-4:10PM	\$219/\$249
13493	4/11-5/30	Th	3:40-4:10PM	\$219/\$249

INTRODUCTION TO KARATE: KARATE I

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 6-7	
Activity#	Date	Day	Time	M/NM
13477	1/17-3/14	Th	4:15-5:00PM	\$169/\$199
13486	4/11-6/13	Th	4:15-5:00PM	\$169/\$199

INTRODUCTION TO KARATE: KARATE II

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 8-9	
Activity#	Date	Day	Time	M/NM
13478	1/17-3/14	Th	5:15-6:05PM	\$169/\$199
13487	4/11-6/13	Th	5:15-6:05PM	\$169/\$199

INTRODUCTION TO KARATE: KARATE III

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 10-12	
Activity#	Date	Day	Time	M/NM
13479	1/17-3/14	Th	6:15-7:15PM	\$169/\$199
13488	4/11-6/13	Th	6:15-7:15PM	\$169/\$199

Celebrating 29 years at WCH!

Belt ranking system: There are 11 belt levels (kyu) before first-degree black belt (shodan). A new student is assigned the white belt rank (eleventh kyu). Students must fulfill certain requirements under normal practice conditions and in a test environment to secure progressive promotions up to and including the black belt (dan) levels. When a student has acquired a strong foundation in the fundamentals of Karate, he or she can be promoted to the rank of first-degree black belt.

PEE WEE KARATE

Students learn how to control their energy levels and concentration through study of fundamental Karate principles. Participants will learn how to follow instructions and exercise self control in a fun and exciting environment.

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 4-6	
Activity#	Date	Day	Time	M/NM
13485	1/15-3/14	Tu, Th	3:40-4:10PM	\$399/\$449
13492	4/11-5/30	Tu, Th	3:40-4:10PM	\$399/\$449

KARATE I

This class is for the beginner student through Orange belt.

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 5-8	
Activity#	Date	Day	Time	M/NM
13481	1/15-6/15	Tu, Th	4:15-5:00PM	\$1069/\$1199
		Sa	10:20-11:20AM	

No Class: 3/21, 3/23, 3/26, 3/28, 3/30, 4/2, 4/4, 4/6, 4/9

KARATE II

Students must have the belt rank of Yellow belt through Green belt to participate in this class.

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 5-9	
Activity#	Date	Day	Time	M/NM
13489	1/15-6/15	Tu, Th	5:15-6:05PM	\$1069/\$1199
		Sa	10:20-11:20AM	

No Class: 3/21, 3/23, 3/26, 3/28, 3/30, 4/2, 4/4, 4/6, 4/9

KARATE III

Class curriculum enables the beginner student through advance to develop an effective form of self-defense. This class will allow one to acquire the self-control and physical readiness to meet many of life's challenges. Beginner through Brown belt.

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 9-13	
Activity#	Date	Day	Time	M/NM
13490	1/15-6/15	Tu, Th	6:15-7:00PM	\$1069/\$1199
		Sa	10:20-11:20AM	

No Class: 3/21, 3/23, 3/26, 3/28, 3/30, 4/2, 4/4, 4/6, 4/9

KARATE IV

Beginner through Black belt

Instructor: Frank Chrzanowski and Ron Stein				
			Ages: 13+	
Activity#	Date	Day	Time	M/NM
13491	1/15-6/15	Tu, Th	7:00-8:20PM	\$1099/\$1279
		Sa	10:20-11:20AM	

No class: 3/21, 3/23, 3/26, 3/28, 3/30, 4/2, 4/4, 4/6, 4/9

Martial Arts



Taekwondo is a 2000 year old martial art offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness and learn self-defense skills. A \$45 uniform fee is required at the first class. Belt testing is offered through the KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.



LITTLE DRAGONS

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination and respect for the discipline of martial arts training.

Beginner–Yellow Belt

Instructor: Oriental Arts Training Center Staff

Ages: 4–5

Activity#	Date	Day	Time	M/NM
13452	1/9-3/20	W	4:00-4:40PM	\$169/\$199
13453	4/3-6/5	W	4:00-4:40PM	\$149/\$169

No Class: 5/8

PARENT/CHILD TAEKWONDO

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics and traditional Taekwondo techniques including punching, kicking and blocking. Fee includes instruction for one parent and one child.

All Belts

Instructor: Oriental Arts Training Center Staff

Ages: 7+

Activity#	Date	Day	Time	M/NM
13454	1/9-3/20	W	6:05-6:50PM	\$169/\$199
13465	4/3-6/5	W	6:05-6:50PM	\$149/\$169

No Class: 5/8

EARLY TAEKWONDO

Designed especially for younger children, this program helps kids develop conditioning, coordination, listening skill and self-confidence through creative activities.

All Belts

Instructor: Oriental Arts Training Center Staff

Ages: 6–7

Activity#	Date	Day	Time	M/NM
13451	1/9-3/20	W	4:40-5:20PM	\$169/\$199
13463	4/3-6/5	W	4:40-5:20PM	\$149/\$169

YOUTH TAEKWONDO

This program includes a balanced cardiovascular workout including punching, kicking and blocking skills. Participants will improve coordination, power of concentration, balance and both physical and mental discipline.

All Belts

Instructor: Oriental Arts Training Center Staff

Ages: 8–13

Activity#	Date	Day	Time	M/NM
13455	1/9-3/20	Th	5:20-6:05PM	\$169/\$199
13464	4/3-6/5	Th	5:20-6:05PM	\$149/\$169

No Class: 5/8

ADULT TAEKWONDO

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances and the skills of punching, kicking and blocking.

All Belts

Instructor: Oriental Arts Training Center Staff

Ages: 14+

Activity#	Date	Day	Time	M/NM
13450	1/9-3/20	W	6:05-6:50PM	\$169/\$199
13466	4/3-6/5	W	6:05-6:50PM	\$149/\$169

No Class: 5/8

TAI CHI

Tai Chi is an ancient Chinese tradition that, today, is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Tai Chi helps reduce stress and anxiety as well as increasing flexibility and balance. Through Cheryl's unique holistic teachings, of many different styles including QiGong & Yang, you will learn this noncompetitive exercise's postures.

Instructor: Cheryl Kotsias

Ages: 18+

Activity#	Date	Day	Time	M/NM
13508	1/10-3/21	Th	5:00-6:00PM	\$149/\$169
13509	4/4-6/6	Th	5:00-6:00PM	\$129/\$149

No Class: 3/28



Fine Arts



AMAZING ART

Amazing Art combines all your favorite art projects and mixed media in one unique class. Kids will make tie dye shirts (to be used as art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self esteem and a sense of accomplishment. Finished work will be taken home immediately. This is a drop off program. All new lessons are offered each session.

Grades: Kindergarten–5th Instructor: Sunshine Arts And Crafts

Activity#	Date	Day	Time	M/NM
13618	1/11-3/15	F	4:00-4:50PM	\$279/\$329
13619	4/5-6/7	F	4:00-4:50PM	\$279/\$329

No Class: 2/8, 4/19

FASHION SEWING TECHNIQUES 2

This class is a continuation of Fashion Sewing Techniques. Students will continue to learn about the sewing machine and they will learn about pattern production. By the end of this course students will have completed at least one apparel project on the sewing machine, such as a shirt, pants, vest, etc. This class is perfect for students looking to advance their sewing skills. Sewing supplies, including fabric, thread, needles and pins will be provided. Students may choose to purchase additional specialty items on their own. *NEW projects each session.

Instructor: Taylor Ioannou

Ages 9-13

Activity#	Date	Day	Time	M/NM
13775	1/15-3/19	Tu	5:30-6:30PM	\$299/\$355
13776	4/2-6/4	Tu	5:30-6:30PM	\$259/\$319

BASIC SEWING CLASS FOR BOYS & GIRLS

NEW

This class is a great class for students who are NEW to sewing and looking to learn all about the basics of sewing. We warmly welcome boys & girls to this fun and new class. We will cover all the techniques that are needed for hand-sewing. We will learn how to sew buttons, thread needles, and more! We will work on one project, such as a pillow, while covering the sewing basics. Sewing supplies, including fabric, thread, needles and pins will be provided. Students may choose to purchase additional specialty items on their own.

Instructor: Taylor Ioannou

Ages 6-8

Activity#	Date	Day	Time	M/NM
# 13777	1/18-2/1	F	4:00-5:00PM	\$89/\$119

FASHION SEWING TECHNIQUES 1

Combine the basic techniques of hand sewing and machine sewing in this eight-week course. You'll learn basic stitch techniques by hand and you'll learn how to use the sewing machine. If you are a beginner or experienced sewer, this class is for you! By the end of the class, you will have completed at least two different projects, one sewing project by hand and one

on the machine. Sewing supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own. *NEW projects each session.

Instructor: Taylor Ioannou

Ages 8-13

Activity#	Date	Day	Time	M/NM
13773	1/15-3/19	Tu	4:15-5:15PM	\$299/\$355
13774	4/2-6/4	Tu	4:15-5:15PM	\$259/\$319

(No class 5/7)



Fine Arts-Ceramics



KIDS CLAYTIME

From a lump of clay to finished vessel, all the steps of centering, shaping, trimming, decorating and glazing are covered during the semester. All adults are welcome : from complete novice through more experienced. Beginners concentrate on making, decorating and glazing basic forms both functional or non-functional. Students with previous experience may advance at their own pace, learning more complex forms and glazing techniques.

Instructor: Jill Hurwitz & Marissa Neuman

Ages:7-10

Activity#	Date	Day	Time	M/NM
13515	1/7-3/18	M	4:00-5:30PM	\$349/\$399
13615	4/3-6/5	W	4:00-5:30PM	\$279/\$329
13616	4/4-6/6	Th	4:00-5:30PM	\$259/\$299

No Class: 5/2, 5/8, 5/9

CERAMICS - ALL LEVELS

From a lump of clay to finished vessel, all the steps of centering, shaping, trimming, decorating and glazing are covered during the semester. All adults are welcome : from complete novice through more experienced. Beginners concentrate on making, decorating and glazing basic forms both functional or non-functional. Students with previous experience may advance at their own pace, learning more complex forms and glazing techniques.

Instructor: Jill Hurwitz & Marissa Neuman

Ages:18+

Activity#	Date	Day	Time	M/NM
13514	1/7-3/18	M	9:30AM-12:00PM	\$399/\$469
13614	4/1-6/3	M	9:30AM-12:00PM	\$299/\$329

No Class: 5/6, 5/27

CERAMIC WORKSHOP: BOWL ME OVER!


Let's make your favorite bowl! You can eat out of it, wash it in the dishwasher, microwave food in it, or serve your guests from it! We will make your ceramic bowl, add some color, and two weeks later you can take it home. Dress for mess; see how much fun it is to play in the mud! Children under 7 must be accompanied by a parent/ care-giver.

Instructor: Jill Hurwitz

Ages:4+

Activity#	Date	Day	Time	M/NM
13613	5/18	Sa	1:00-3:00PM	\$35/\$39





We're not like those
other Gyms!

ENROLL FOR
\$0!*

*MEMBERSHIP DUES WILL APPLY

The Community House Fitness Centre offers the highest quality of fitness programs on the North Shore. Our facility features exercise equipment to meet all of your fitness needs. Adjacent to the gymnasium, this air conditioned facility is complete with locker, shower and steam rooms for men and women. Our professional staff, in conjunction with our full-service facility, will help you achieve your optimal level of fitness.

Amenities

- » Concept II Rowing Machines
- » Cybex Arc Trainers
- » Free Weight Equipment
- » Gymnasium
- » Helix Lateral Trainers
- » LifeCycles
- » LifeFitness Cross-Trainers
- » LifeFitness Strength Training Equipment
- » Locker Rooms with Steam Rooms
- » Precor EFX Elliptical Trainers/AMTs
- » Spinning Bikes
- » StairMasters/StepMills
- » Treadmills

Personal Training

The people who benefit most from personal training are ordinary men and women seeking to be stronger and function more effectively in their everyday lives.

Working with a trainer, anyone can achieve their fitness goals—goals as modest as touching your toes again or as ambitious as preparing to run a marathon. Whether you want to lose weight, regain flexibility, develop speed or simply feel good again, personal training is an activity that you will continue to reap benefits in years to come.

Our personal trainers' main objectives are to assist, guide and educate those who wish to experience a greater ease and physical ability in their lives.

Registration is by appointment only.

- » \$70/hour for Fitness Centre members
- » \$85/hour for non-members.

Jr. Fitness Training Class

Those ages 12-13 may become Community House Fitness Centre members by completing a personalized training program with a personal trainer. The training program is a one hour session that will cover all aspects of membership including gym etiquette, proper warm up, strength training, cardiovascular conditioning, flexibility and cool down. Once registered, you will be contacted by a Community House personal trainer to schedule your session.

- » Ages 12-13
- » \$70 (Register in the Fitness Centre)



Shop local and support your Community House Fitness Centre!

Fitness Centre Membership Fees

Membership	12 Months (Best value)	6 Months	1 Month	1 Day
Single Adult	\$695	\$395	\$80	\$15
+ Family Member	\$595	N/A	N/A	N/A
Senior (65+)	\$545	\$295	\$80	\$15
Youth (14-17)	\$545	\$295	\$80	\$15

*Fees are subject to change.



Membership

Prerequisite: Completion of the Jr. Fitness Training Class. Upon successful completion of the Jr. Fitness Training Class, those ages 12-13 will be permitted to purchase a Membership (Youth Rates Apply).

Hours

Monday - Friday 5:00 AM - 9:00 PM
Saturday - Sunday 7:00 AM - 6:00 PM



Gym Drop-In - Tot Time

Are you looking for a place to meet new friends and have your toddler exercise and run-off their energy? Tot Time is the place to do it. We have a bouncy house, hoops, balls, scooters and much more for your child to use. Participants must wear gym shoes. No food allowed. Parents or caregivers must remain with children.

January 9-June 5

Closed March 26, 27, May 7, 8

Tuesday 11:45 AM - 1:15 PM

Wednesday 10:45 AM-12:15 PM

Ages: Infant - 5



Fitness Centre

Community House Group X

Don't make exercise a chore. Spice it up! Group Fitness offers a variety of formats to keep you motivated and feeling healthy! Our Group Fitness programs offer a wide variety of structured fitness activities to meet your personal goals. Our instructors are prepared to inspire and motivate you to change and/or continue healthy fitness-related behaviors. Class descriptions listed may be offered at different times throughout the year. Class times differ throughout the year. Check the group fitness schedule for availability, changes, current sessions, and fees at winnetkacommunityhouse.org/groupx

Group X Class Description

- Cardio / Intervals-Combination of strength and cardio exercises.
- Pilates-Core and stability training with enhanced breathing techniques.
- Pilates Stretch-Half pilates core class, half ballet barre stretching.
- Pilates Core Plus-Core and stability training with enhanced breathing techniques including circuit training.
- Arms/Shoulder Express-Fast paced 30 minute class using mat and ball work.
- Strength-Exercises using weights, tubing, fitness balls and floor work.
- WERQ-Dance fitness set to R&B and Hip Hop music.
- Cardio & Strength-Focus is on strengthening the entire body through core exercises.
- Vinyasa Yoga-Flow through yoga poses, all skill levels welcome.
- Total Body Conditioning-Muscular strength and endurance exercises that increase muscular endurance.
- Cardio Pump-45 minutes of cardio, 20 minutes of strength, 10 minutes of stretching.



The current schedule is always available at www.winnetkacommunityhouse.org/groupx
If you have any questions, please feel free to contact us by either phone or email, 847-446-1994 or wchgroupx@mywch.org.



Child Care-Free To Be Kids

Free To Be Kids Childcare

A safe and comfortable environment for children while you attend the facility or classes at Winnetka Community House.
Must be a fitness centre member to utilize childcare.

Ages 8 weeks and older
Time Limit 90 minutes per visit
Fee \$10/child per visit
Punch cards available: \$120/20 visits.
Monday - Saturday 8:00 AM - 12:00 PM

Free to be Kids



Winnetka Community House



StretchXperience
WE MOVE YOU

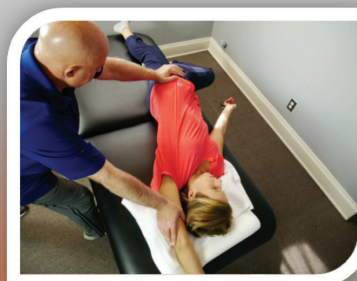
New Location!

Our new state of the art, fully-equipped flexibility clinic is now open!

Conveniently located inside the Winnetka Community House

620 Lincoln Ave

Start improving your flexibility today! Book an appointment at:
www.stretchxperience.com



Move Better

Feel Better

Perform Better

Fitness Centre



Community House Open Gym

Enjoy a pick-up game of basketball with your friends, meet new people and have fun. Our backboards and rims are adjustable from eight to ten feet so all ages and skill levels are welcome. Locker rooms and showers are available. Times are subject to change. Check the posted schedule, or call for times and directions.

Daily Fee: \$5
(Free with Fitness Centre or Household Membership)

January 6 – June 2

Closed May 5

Sunday 10:30 AM -1:00 PM

Thanksgiving Open Gym

Come enjoy our gymnasium during the Holiday Break! Gather your friends & family for some basketball fun.

Wednesday, November 21 7:30-9:00 PM

Friday, November 23 4:00-6:00 PM

Saturday, November 24 4:00-6:00 PM

Sunday, November 25 10:30 AM-1:00 PM

Holiday Open Gym

Friday, December 21, 6:00-8:00 PM

Saturday, December 22, 1:00-3:00 PM

Sunday, December 23, 10:30 AM – 1:00 PM

Monday, December 24, 9:30 AM-12:00 PM

Wednesday, December 26, 4:00 – 6:00 PM

Thursday, December 27, 4:00 – 6:00 PM

Friday, December 28, 4:00-6:00 PM

Saturday, December 29, 3:30 – 5:30 PM

Sunday, December 30, 10:30 AM – 1:00 PM

Monday, December 31, 9:30 AM-12:00 PM

Wednesday, January 2, 4:00 – 6:00 PM

Thursday, January 3, 4:00 – 6:00 PM

Friday, January 4, 4:00 – 6:00 PM

Saturday, January 5, 1:30 – 3:30 PM

Sunday, January 6, 10:30 AM – 1:00 PM

\$5 per person or Free with Fitness Centre or Household Membership



Winnetka
Community
House

GYM RENTALS!

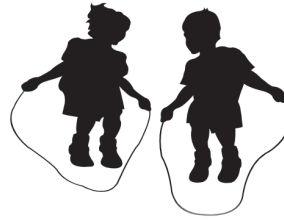


Our gymnasium is available for rental on a weekly or one-time basis. Call 847-881-9305 for rates and times.



Winnetka
Community
House

Free to be Kids



COME PLAY AT OUR HOUSE!

Fully equipped with toys, games, books, and more, this “House” has become a child’s favorite. Moms also enjoy the spacious, bright, and comfortable atmosphere where relationships are formed and memories made.



“THE PERFECT LOCATION FOR PLAY DATES!!!”

Room available 7 days/week from 1:00-8:00pm.
We provide the space, you provide the supervision.

Please call (847) 881-9319 for more information and availability

Winnetka Community House
620 Lincoln Avenue, Winnetka
www.winnetkacommunityhouse.org

Non Profit Partners

JUNIOR LEAGUE OF EVANSTON-NORTH SHORE

(847) 441-0995

www.jle-ns.org

jle-ns@sbcglobal.net

The Junior League of Evanston-North Shore, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers.

Each year, League members commit thousands of volunteer hours to improving our community. In particular, the focus of our organization is on Advancing Employment and Supporting Families for those in need across Chicago's North Suburbs. Founded in 1924 as the Junior League of Evanston, JLE-NS now has approximately 350 Active and Sustaining members. We reach out to all women regardless of age, race, religion, ethnic or national origin who demonstrate an interest in and commitment to voluntarism.

The many important community projects that we support are made possible through fundraising events like our Designer Kitchens of the North Shore Kitchen Tour and Trivia Night, and our award-winning cookbook "It's A Shore Thing". In addition, for the past 75 years we have operated our Thrift House, a resale shop located at 920 Chicago Avenue in Evanston.

NORTH SHORE ART LEAGUE

Where Arts, Learning and Community Come Together!

(847) 446-2870

www.northshoreartleague.org

info@northshoreartleague.org

Founded in 1924, the North Shore Art League is a non-profit arts organization offering art classes for adults and children. As the only art center located in Winnetka, the NSAL not only offers art education, but also lectures, workshops, field trips, gallery shows and special art events to the entire North Shore community. A summer juried art fair, Art in the Village, takes place in Hubbard Woods Park - right in the middle of the Hubbard Woods Design District and along bustling Green Bay Road in June.

Located for over 90 years on the second floor of the Community House, classes are held in an historic, professional art studio featuring skylights and a large stone fireplace as well as a well-equipped print room facility. Classes in drawing, painting (oil, acrylic, and watercolor), pastels, etching, printmaking, figure study, encaustic and more are taught by a distinguished faculty-offering a unique, creative experience.

League members may exhibit at the annual Members' Show and throughout the year in NSAL gallery space within the Community House. Membership benefits also include generous discounts at various art supply stores in the area and an eblast/brochure subscription.

THE WINNETKA CLUB

www.thewinnetkaclub.com

847-446-1830

Since our early beginnings in 1908, The Winnetka Club has been an integral part of the civic and philanthropic life of the North Shore Community. The services and support provided by the Club have changed with the demands of the times, and we continue our tradition of "giving back" as we celebrate our 110th anniversary in 2018.

During World War I, service projects in support of civilian efforts were the focus. During the years of World War II and beyond, members have been instrumental in ensuring home delivery of mail and providing other needed services – as well as organizing the PTA and League of Women Voters in Winnetka.

Each May, we host our annual Housewalk, featuring amazing homes around the NorthShore; proceeds from the Housewalk support our annual scholarships to graduating seniors who live in New Trier Township. The Club also supports many other philanthropic endeavors throughout the North Shore and Chicago community.

We welcome new members as we look to grow and expand our reach. We host a monthly Book Club and offer many other social and cultural events for our membership, including monthly Friendraiser dinners in local restaurants, engaging lectures and activities, and other membership events to enrich and empower.

WINNETKA COMMUNITY NURSERY SCHOOL

(847) 446-4432

A nationally accredited preschool for children ages 2-4, offering indoor and outdoor activities in a stimulating environment in which physical, social, intellectual and emotional growth is encouraged. Learning materials encourage creativity, promote cognitive growth and develop manipulative skills. WCNS also offers enrichment opportunities during the school year for children ages 3 and 4 and summer camp for children ages 2 (must turn 2 by March 1 of the current year) to 5 years old. For more information about WCNS, please visit our web site at www.winnetkacommunitynurseryschool.org.

WINNETKA YOUTH ORGANIZATION

(847)446-0443

INFO@winnetkayo.org

winnetkayo.org

The Winnetka Youth Organization, commonly known as "the YO", is a nonprofit teen drop-in center located in the basement of the Winnetka Community House. We have been around since 1969, and serve as the only youth organization of its kind in Winnetka. Each year, the YO provides services to upwards of 1000 teens from this community. This includes recreational activities, music events, social service, diversity and education projects, and participation on the Youth Leadership Board.

The mission of the Winnetka Youth Organization is to foster individual development in junior high and high school youth in the North Shore by providing adult-to-youth mentoring, prevention services, and opportunities for leadership, citizenship, and, education within a safe, informal environment. Check out our website for more information or follow us on social media to stay informed on upcoming programs.



Associate Organizations

BACKGAMMON

Contact: Bill Chibnik, (847) 291-6768 chibnikw@aol.com
Wednesdays, 7-10:30 p.m.

Backgammon enthusiasts are invited to compete in weekly tournaments. Prizes are awarded to the winners. Cost: \$10.

CHRISTIE'S INTEGRATIVE FITNESS CLASSES

(847) 441-5484 christiesfitness.webs.com

Touted by Harper's Bazaar as "One of the most, if not the most comprehensive workouts in the city," Christie's classes integrate a variety of disciplines woven into one class! Low impact cardio (to warm-up) followed by weights, resistance bands, Pilates, functional training and yoga all provide tip to toe deep muscle sculpting, ending in quiet relaxation. "Christie is certified by The American Council of Sports Medicine.

Classes meet every Monday and Wednesday at 8:30 am for an 8 week session. Questions? Call Christie directly at: (847) 441-5484

FALUN GONG/QUIGONG BODY MIND EXERCISES

Contact: Warren Tai (312) 607-1688
www.FalunChicago.org www.Falundafa.org
Sundays, 8-10 a.m.

Falun Gong, also called Falun Dafa, is a powerful body and mind exercise system. It contains five sets of exercises that work on the energy circulation of the body. The movements are smooth and gracefully flowing, and can be learned easily by any age group. The mind exercise is applying Zhen (truthfulness), Shan (compassion) and Ren (Forbearance) into daily life. This releases the stress and tension of physical and mental energy fields, making people more healthy and peaceful. Every Sunday; no charge for participation.

FRIENDS OF BILL W.

AA support group.
Saturdays, 5-6:15 p.m. • Sundays, 10-11:30 a.m.

NURTURING WISDOM

Contact: Jenna Brightwell
Nurturing Wisdom offers regular practice tests for the ACT, SAT, ISEE, SSAT, HSPT and other exams. This is a great opportunity for students to practice in a real testing environment and gain valuable feedback before test day. Afterward, we'll send you a detailed score analysis of your child's strengths and areas for improvement, and a recommended tutoring plan to help your child maximize their score.

Our in-home, one-on-one test prep tutoring has helped thousands of students increase their scores and get into their top-choice schools:

Our ACT students improve by an average of 5 points

Our SAT students improve by an average of 300 points

98% of the students we prepared for the HSPT last year were accepted into their top-choice high schools

Call us today at 312-260-7945 Ext. 128 so we can put together a customized plan for your child!

OFF CAMPUS WRITERS' WORKSHOP

ocww.info@gmail.com
Yearly Membership - \$30
Weekly Session Fee: Members - \$10 Guests/Non-Members - \$15

SCOTTISH COUNTRY DANCING

Beginners are welcome. Winnetka Community House, 620 Lincoln Ave. For any questions contact Frances Gillan at 947-471-7294.

SULLIVAN SCHOOL OF IRISH DANCE

(773) 952-4007
info@sullivanirishdancers.com www.sullivanirishdancers.com

The Sullivan School of Irish Dance offers lessons for all ages, beginners through championship. Irish dance combines movements similar to both ballet and tap dancing and stresses grace, rhythm and self-discipline. Students learn both individual and group dancing with an emphasis on self-confidence, teamwork and fun. Classes available Wednesday's, please call or email for more information.

WINNETKA-NORTHFIELD ROTARY CLUB

(847) 446-0537 www.rotary6440.org/clubs/winnetka
One of 31,000 clubs around the world, with 1.2 million members. Rotary meets every Thursday, 12:15-1:30 p.m. for lunch and a program. Membership is composed of Winnetka and Northfield based business and professional leaders. Provides local and international service projects.

RELIGIOUS ORGANIZATIONS

CONGREGATION HAKAFA

(847) 242-0687
www.Hakafa.org CongHakafa@hakafa.org
Congregation Hakafa is a dynamic Reform congregation on Chicago's North Shore. Hakafa is a circle of caring people, families and friends who wish to worship, study, and to help one another and the world in which we live. Services held Fridays, year-round; visitors welcome. Religious School and Hebrew School classes are held at the Glencoe Park District's Takiff Center and High Holidays Services are held at the Winnetka Congregational Church.

LAKE SHORE UNITARIAN SOCIETY

(847) 807-5787 www.LakeShoreUnitarian.org
For over 50 years, we have brought people of diverse beliefs together in a community of shared values. Our weekly services are not led by clergy. Instead, we invite highly regarded speakers to present on a wide range of topics that provide inspiration and deeper appreciation for the world in which we live. We focus on values and wisdom drawn from many sources, not dogma. As a Unitarian Universalist congregation, we affirm and promote UU's seven Principles, such as "we accept one another and encourage each individual's spiritual growth". Music is another source of spiritual inspiration in our weekly services. And our Religious Explorations program provides children and teens spiritual and cultural literacy. Sunday service and Religious Explorations class at 10:30 a.m., September through May. Visitors are always welcome.



Winnetka
Community
House

The Gardens at the Community House



The Community House has been playing host to some of the most beautiful events on the north shore for more than a century. Our newly renovated Gardens provide a timeless setting for a romantic wedding. From the bright blooms of spring to the deep colors of autumn, the Gardens at the Community House are the perfect spot for your perfect day.



WINNETKACOMMUNITYHOUSE.ORG/WEDDINGS
847-965-4094
620 Lincoln Ave., Winnetka IL.



**Winnetka
Community
House**

REGISTRATION FORM

Phone: 847-446-0537

Mail or drop-off with payment to: Winnetka Community House, 620 Lincoln Ave., Winnetka, IL 60093
Or register online at winnetkacommunityhouse.org

CONTACT INFORMATION

PARENT/GUARDIAN'S FIRST NAME:		PARENT/GUARDIAN'S LAST NAME:	
ADDRESS:	CITY:	STATE:	ZIPCODE:
PRIMARY PHONE:		ALTERNATE PHONE:	
EMAIL:			
EMERGENCY CONTACT NAME:		EMERGENCY CONTACT PHONE:	

PARTICIPANT INFO

FIRST NAME	LAST NAME	BIRTH DATE	M/F	CLASS CODE	CLASS NAME	FEE

Please list participant's school:

- ☐ I would like to register for a Community House Membership! **\$250**
- ☐ **I would like to make an annual fund donation to support WCH.**

TOTAL

Winnetka Community House is committed to conducting its recreation programs and activities in the safest manner possible, and holds the safety of the participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize, however, that there is an inherent risk of injury when choosing to participate in recreation activities. Winnetka Community House continually strives to reduce such risks, and insists that all participants follow safety rules and instructions which have been designed to protect the participants' safety. Please recognize that Winnetka Community House does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering himself/herself or a family member for a recreation program/activity should review his/her own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make Winnetka Community House automatically responsible for payment of medical expenses. Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for Winnetka Community House requires the execution of the following Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully, and be aware in participating in the program(s) listed on this page, you will be waiving and releasing all claims for injuries you might sustain arising out of the activities of this program.

WAIVER AND RELEASE OF ALL CLAIMS

As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, including death, damages or loss, regardless of severity, which I may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have as a result of participating in the program against Winnetka Community House and its officers, agents, servants and employees. I do hereby fully release and discharge Winnetka Community House and its officers, agents, servants and employees from any and all claims from injuries, including death, damages or loss which I may have or which may accrue to me on account of my participation. I further agree to indemnify and hold harmless and defend Winnetka Community House and its officers, agents, servants and employees from any and all claims from injuries, including death, damages or losses sustained by me or arising out of, connected with, or in any way associated with the activities of the program. In the event of emergency, I authorize Winnetka Community House officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my immediate care, and agree that I will be responsible for payment of any and all medical services required. All participants agree that any photography taken while participating in a class, special event or use of a facility may be used for promotional purposes Winnetka Community House. Participants agree to receive emails from Winnetka Community House.

REFUND AND PRORATE INFORMATION

Full refunds will be issued for courses that are cancelled by Winnetka Community House due to insufficient registration. A refund, less a 10% service charge (not to exceed \$25), may be granted if the refund request is received five full working days prior to the start of the program. No refunds will be allowed after this time unless a medical condition develops and a written explanation from a physician on his/her letterhead is presented. Due to advanced reservation requirements, no refunds for trips, outings, or special events will be given. Classes may be prorated if you would like to enroll in a class after it has started, provided the instructor has space, and allows for late registration. The supervisor must approve the prorated amount.

Please list any specific medical allergies, medications, chronic illness or other conditions which staff should be aware of:

- ☐ Winnetka Community House operates in compliance with the Americans with Disabilities Act. If you believe you or your child need accommodations to facilitate participation in Winnetka Community House program(s) for which you are registering, please check box.

I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment.

SIGNATURE:

DATE:

Registration form will not be processed without waiver signature.

<input type="radio"/> CASH	<input type="radio"/> VISA	<input type="radio"/> MASTERCARD	CARD NUMBER	EXP. DATE
<input type="radio"/> CHECK	<input type="radio"/> DISCOVER	<input type="radio"/> AMERICAN EXPRESS	CVC	SIGNATURE



**Winnetka
Community
House**

HOUSEHOLD REGISTRATION PROFILE

Winnetka Community House has upgraded our registration system! Please assist us by filling out this form when registering so your entire household will be included for future registrations.

PRIMARY GUARDIAN

FIRST NAME:	LAST NAME:		
DATE OF BIRTH:	M/F:		
ADDRESS:	CITY:	STATE:	ZIPCODE:
PRIMARY PHONE:	ALTERNATE PHONE:		
CELL PHONE:	PROVIDER (TO RECEIVE TEXT UPDATES):		
EMAIL:			

SECONDARY GUARDIAN

FIRST NAME:	LAST NAME:		
DATE OF BIRTH:	M/F:		
ADDRESS:	CITY:	STATE:	ZIPCODE:
PRIMARY PHONE:	ALTERNATE PHONE:		
CELL PHONE:	PROVIDER (TO RECEIVE TEXT UPDATES):		
EMAIL:			

ADDITIONAL FAMILY MEMBERS

FIRST NAME:	LAST NAME:
DATE OF BIRTH:	M/F:

FIRST NAME:	LAST NAME:
DATE OF BIRTH:	M/F:

FIRST NAME:	LAST NAME:
DATE OF BIRTH:	M/F:

FIRST NAME:	LAST NAME:
DATE OF BIRTH:	M/F:

FIRST NAME:	LAST NAME:
DATE OF BIRTH:	M/F:



Winnetka
Community
House



When your house is full, come to ours!

Explore some of our great meeting/rental spaces and see what makes the Community House a unique setting for your next rental. Located on the North Shore, the Community House, built in 1911, is a not-for-profit, non-tax-based facility.

Our facility serves as an inspirational site, historical yet modern. It will meet your needs for a productive, professional event or meeting. A full inventory of A/V equipment is available to complement your presentation.



The Community House is the Perfect Site for:

- Baby/Wedding Showers
- Business Meetings
- Class Reunions
- Fundraisers
- Lectures
- Memorial Services
- Office Spaces
- Parties
- Political Events
- Weddings

All rooms Air Conditioned

For Rental and Event Information

Contact Mark Schusteff

847-881-9370

marks@mywch.org

winnetkacommunityhouse.org



We are proud to partner with Catered by Design to provide catering. We offer multiple options for food & drinks, ranging from breakfast to dinner, and can meet your needs no matter how many guests are attending your event.

Thank you for your loyalty to your Community House!



**Winnetka
Community
House**

620 Lincoln Ave., Winnetka, IL 60093
winnetkacommunityhouse.org
847-446-0537

Non-Profit Org.
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Winnetka, IL

***** ECRWSS*****

Residential Customer



**Winnetka
Community
House**

1st - 3rd Grade Youth Basketball LEAGUE & CLINICS

Register Online or at the Community House



HOOPS4HEALTH



www.winnetkacommunityhouse.org

847-446-0537